



Big thank you to Ally, Geoff and Terry who have placed the new benches at Staden Park and on the Green, together with a replacement for the "missing" bench on the cliff top. Thank you! They all look brilliant and are already being used by walkers and residents.

Speed limit changes, maps published see inside.



July - August 2025

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Village Information & Contacts

Trimingham Parish Council:

www.triminghamparishcouncil.co.uk

Trimingham Hall:

Liz King 07789-362323 /
King495@btinternet.com

Pilgrim Shelter:

Dot Bradley on 01263 833249
after 6.00pm.

Linda Brown on 01263 834349.

www.trimingham.org

(hall hire, shelter hire, what's on,
village events & news)

Find us on:  Trimingham Hall

Village News

Lots to look forward to

Dot and Linda have been busy for you organising events at the Pilgrim Shelter with a 3-day event “**Pre-loved sale of Paintings and Art**” – **18th, 19th and 20th July** plus the **Birthday Celebrations for the Pilgrim Shelter** on **2nd/3rd August**.

What are PL-5624's

I've googled and no results. This post has been added on the Coastal path near the Pilgrim Shelter spinney. Is it counting people?



Model PC
PL-5624

Activities at the Hall summary from Liz

Having our events well attended is a great boost to all those volunteering and the organiser(s), thank you to all, please do come along and support us.

May – Over £100 was raised between the Cash Bingo and Table top. The tea dance on the 21st was a great success raising £102 and we missed one tea dance due the hall being repainted. Which looks great.

June – Cash Bingo had 30+ people playing with over 50% from the village, with this and the Table top sale Sunday £230 was raised. The Tea dance with Jeff was a lovely afternoon but we only just covered costs – come and eat cake, drink tea, no need to dance cost £4 – the next dance 9 July.

The book bucket held £46.70 (book donations always gratefully received) and £20 in donations from Sheringham Ramblers using the car park.

What do you want from your Hall? – Next meeting 3rd July, 7pm.

Quiz night

The Quiz Master on 30th May was Yvonne, thanks very much for an enjoyable night. Dot & Yvonne provided the food. The next Quiz is on **Friday, 25th July** and Jeremy Bishop will be Quiz Master, see you there at 6.30pm.

Pub Games night

The next Pub Games Night is on **Friday 29th August**. *Hope to see you there.*



Magic! New cliffside bench.

Tech & Tea Afternoon workshop confirmed

As mentioned in our May/June newsletter we have now secured the villagers a free drop-in session as part of the Norfolk County Council Community support for IT. We look forward to welcoming Tech Team coach Holly, to help us use the internet to make everyday life easier.

- **SKILLS & CONFIDENCE**
- **BEING SAFE ONLINE**
- **TABLET, LAPTOP & SMARTPHONE**
- **FREE MOBILE DATA**
- **AFFORDABLE BROADBAND**
- **ONLINE FORMS**
- **ONLINE SHOPPING ... ETC.**

Date for your diary: The Tech Skills for Life workshop has been booked at Pilgrim Shelter.

Tech Skills IT Drop-in Session on Monday 22nd September between 11.00am and 4.00pm. Tea/coffee/refreshments available.

Book your place: As space is limited, please register your place with Linda on 01263 834349.

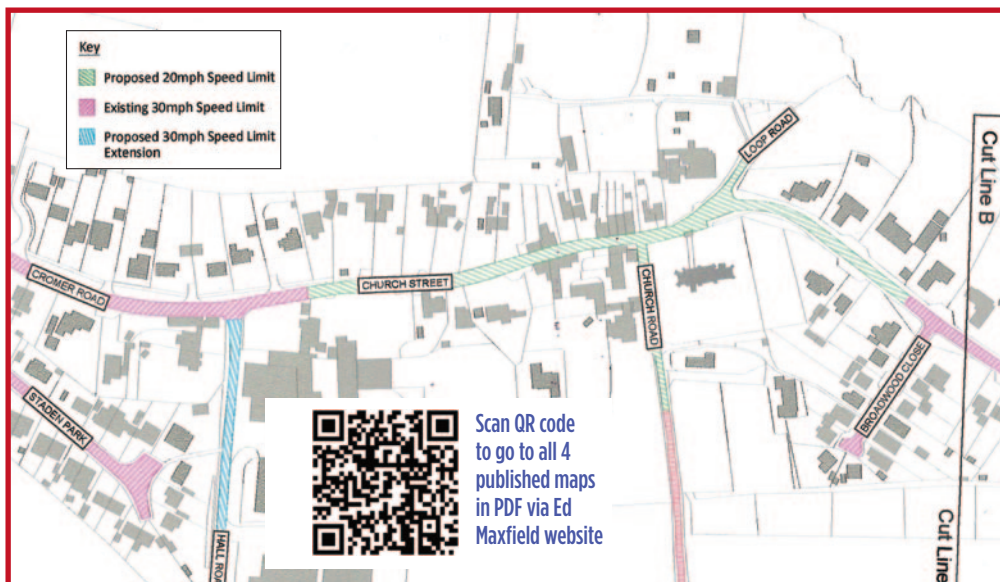
100 Club Results

May 2025		
No.9	Mrs C Page	£20.00
No.42	T. Macheown	£10.00
No.100	Mrs G Green	£ 5.00
No.71	Mrs J Bradley	£ 5.00

April 2025		
No.4	Mrs P Kirk	£20.00
No.100	Mrs G Green	£10.00
No.92	Mrs T Tennant	£ 5.00
No.23	Mrs K Beech	£ 5.00

... be in it to win it!

For just £1 each month you could be our winner of £20! Winners drawn each month. Get your number from our Treasurer, Mrs S Burwood, on 833941.



Village Speed Limit & Pedestrian Safety measures

After many years of trying the Parish Council have finally succeeded in obtaining a 20mph speed limit on the road near the Church. The 30mph will also be extended to include east of Trimingham along the main road, and will include Gimingham Road near to The Rising. To the west of Trimingham the 30 mph zone will start near Bizewell Farm. The side lanes to include Middle Street and Church road will also have 30 mph zones increased. There will also be a dedicated footway clearly marked on the road through the 20mph zone. It is hoped that this work will be done and new signs erected in the Autumn. *Trimingham Speed Management*

The County Council will be funding the bulk of this project, although Ed Maxfield, our local County Councillor, will also be contributing towards it from his Local Members fund. The Parish Council will be paying £5,000, towards the implied footway by the church, which is half the cost involved in this particular part of the overall scheme.

Liz Chair Parish Council adds: "This scheme has been along time in coming to fruition, the positive result has really been solely due to tenacity of our clerk June who has spent hours chasing NCC. We all owe June a big thank you, she has worked way beyond what we could have expected with a fabulous result for safety on our roads."

Find out more the next Parish Council meeting, Wed 9th July at The Pilgrim Shelter 7pm

Pre-Loved Paintings & Art 3-day Sale

The Pre-Loved sale of Paintings & Art will be held at Pilgrim Shelter on **18th, 19th and 20th July, from 10.00am to 3.30pm** each day with tea/coffee and cakes will be available on all 3 days.

Please contact either Dot on 833249 (after 6.00pm) or Linda on 834349 if you would like to sell any paintings by Thursday 10th July. *A commission of 10% will be charged if a painting is sold goes towards the Pilgrim Shelter.*

SELLING, if you would like to sell pre-loved paintings
Contact
Linda 834349
Dot 833249
by Thursday
10th July

Pilgrim Shelter Birthday Celebrations

Over the Saturday and Sunday of 2nd/3rd August.

On **Saturday 2nd August** there will be the **display about the Shelter and Rev Page** for you to take your time to browse and enjoy, from 10.00am to 3.30pm. Light refreshments will be available.

On **Sunday 3rd August**, the doors will open again at 10.00am. At 2.00pm there will be a **Mardle about the Shelter** by Linda Farrow, Geoff Pardon and Sheilah Olley followed by the **Afternoon Tea** to be served between 2.30/3.00pm.

Birthday Celebration
Afternoon Tea 3rd August,
book your seat now!

£8.00 per person, reserve your place. Contact **Linda** on **834349**

Try your hand at Bell Ringing

This is a very fun thing to do, and thoroughly enjoyed by all who attend. You do not have to be musical to join in. It costs only £1.50 which simply covers the cost of using the Shelter. The next sessions are on **Tuesday 8th & 22nd July from 4.00-5.00pm**. June and Patrick Carpmael 07875 277601 or 01263 833382.

Soup and Pud. Unfortunately due to circumstances there was no Soup and Pud in May or June. Dot & Linda apologise for this. It will resume in July as normal.

Pilgrim Shelter
Table Top Sales
Sunday
6th July & 7th
September

No August sales
due to the
Birthday
Celebrations

Events at the Pilgrim Shelter

JULY 2025

4th	Friday	No Book Club
6th	Sun	Table Top Sale – 9am to 1pm, contact Dot 833249 (after 6pm)
8th	Tues	Hand Bell Ringing – 4pm, contact Patrick 833382
9th	Weds	Poppyland – 2pm, contact Dot 833249 (after 6pm) Parish Council Meeting – 7pm to 9pm, contact Liz on 834965
11th	Friday	Craft Circle – 2pm contact, Dot 833249 (after 6pm)
16th	Weds	Coffee Morning – 9.00am, contact Linda 834349 Gardening Club – 2pm, contact Dot 833249 (after 6pm)
18th	Friday	Sale of Pre-loved Paintings & Art – 10am to 3:30pm
19th	Sat &	View, buy and sell over 3 days, refreshments available.
20th	Sun	Contact Dot 833249 (after 6pm)
22nd	Tues	Hand Bell Ringing – 4pm, contact Patrick 833382
23rd	Weds	Soup & Pud – 12.30pm, contact Linda 834349
25th	Friday	Craft Circle – 2pm, contact Dot 833249 (after 6pm) Quiz Night – Starts at 6.30pm. £7 per person, includes nibbles. Teams max of 6, individuals come along and make up a team with others on the night! Contact Linda 834349

AUGUST 2025

1st	Friday	Book Club – 2pm, contact Dot 833249 (after 6pm)
2nd	Sat &	Pilgrim Shelter Birthday Celebrations – from 10am
3rd	Sun	contact Linda 834349 or Dot 833249 (after 6.00pm)
5th	Tues	Hand Bell Ringing – 4pm, contact Patrick 833382
8th	Friday	Craft Circle – 2pm, contact Dot 833249 (after 6pm)
13th	Weds	Poppyland – 2pm, contact Dot 833249
15th	Friday	Book Club – 2pm, contact Dot 833249 (after 6pm)
19th	Tues	Hand Bell Ringing – 4pm, contact Patrick 833382
20th	Weds	Coffee Morning – 9.00am, contact Linda 834349 Gardening Club – 2pm, contact Dot 833249 (after 6pm)
22nd	Friday	Craft Circle – 2pm, contact Dot 833249 (after 6pm)
27th	Weds	Soup & Pud – 12.30pm, contact Linda 834349
29th	Friday	Book Club – 2pm, contact Dot 833249 (after 6pm) Pub Games – 6.30pm. £6 per person, contact Linda 834349

Events at the Village Hall

JULY 2025

- 4th Friday **Sound Bath** – 7 to 8pm, £12 with Amie Airey Soulful 07921 056074
- 5th Sat **CASH BINGO** – 6:30pm EYES DOWN 7:15pm
£6 book of ten games. Licensed bar. All welcome. Raffle at half time
- 6th Sun **CARBOOT and Table Top Sale** – just £5 a pitch. Setup from 8am
Sales from 9am. Bacon rolls £2.50; Tea or coffee £1.50; Cake £1.
Book with Liz 01263 834965 / 07789 362323
- 9th Weds **TEA DANCE** – 1:30 to 4pm. £4 includes admission, tea and cake.
with **Jeff & Sue Short**. Free easy parking. Details Liz 07789 36232
- 25th Friday **Emily Cardio** – 10am to 11am – Just £5 per class
Psychic Supper – 6:30pm – with mediums Celeste and Paula
Two courses veg/gf optional available, raffle & licensed bar
£25 booking essential, contact Paula 0774 701 3511

AUGUST 2025

- 1st Friday **Sound Bath** – 7 to 8pm, £12 with Amie Airey Soulful 07921 056074
- 3rd Sun **CARBOOT and Table Top Sale** – just £5 a pitch. Setup from 8am
Sales from 9am. Bacon rolls £2.50; Tea or coffee £1.50; Cake £1.
Book with Liz 01263 834965 / 07789 362323
- 8th Friday **Emily Cardio** – 10am to 11am – Just £5 per class
Wilder Community Workshop – 7 to 8pm. *See below.*
- 10th Sat **CASH BINGO** – 6:30pm EYES DOWN 7:15pm
£6 book of ten games. Licensed bar. All welcome. Raffle at half time
- 13th Weds **TEA DANCE** – 1:30 to 4pm. £4 includes admission, tea and cake.
with **Jeff & Sue Short**. Free easy parking. Details Liz 07789 362323
- 17th Sun **Soulful You Sunday Brunch** – 8am to 1:30pm, booking required
contact Amie Airey Soulful 07921 056074
- 22nd Friday **Emily Cardio** – 10am to 11am – Just £5 per class

Wilder Communities Workshops

Friday 8th August 7-8pm, Trimmingham Village Hall. **Hedgehogs, their ecology and how to help these prickly creatures.** Discover what makes a hedgehog special, the challenges they face, and the role you can play in ensuring their survival. This talk includes practical tips and simple actions you can take to make an impact.

Weekly or regular events at the Village Hall include:

For full details go to <https://trimingham.org/whats-on-2024/>

Plus events are on the notice board at the Hall and in *Crab Tales*, copies available in the Hall.

Mum & Baby Yoga

with Laura 07900 333563

NGMA Martial Arts

with Nate 07921 588094

Pilates

with Emma 07941 999011

Slimmers Wild

with Chris 01263 833581

Sound Bath

(First Friday of each month)

with Amie Airey Soulful 07921 056074.

Cost £12.

Thai Chi

with Geoff 07833 135116

Table Tennis

Dave 07908 246494. Cost £5.

New members welcome – wherever you live!

Walk Fit more & core

with Emma 07941 999011

Yoga

with Pat Briggs 07810 023236. Cost £8.

Whist Drives

Monday, Thursday, Friday & Sundays

Cost £4 includes play, refreshments,
raffle inclusion and score prizes.

Liz 01263 834965 or 07789 362323.

All welcome.

Trimingham Church and Benefice

The next church services in Trimingham will be:

Sunday July 6th Holy Communion 11am,

Sunday August 3rd Holy Communion 11am.

Sunday August 24th Benefice Holy Communion 10am.

A very warm welcome to everyone.

Any requests for prayer can be left on the prayer board in the Church; or sent to Rev. Sian via email revsreading22@gmail.com or contact her by phone 01263 833790.

For general enquiries regarding weddings, funeral or baptisms please email the Administrator Poppyland.rector@gmail.com

Parish council report from Liz

The meeting on the 14th May was well attended by members of the public from the village, matters discussed included:

Our District councillor Ms Angie Fitch Tillet gave a report of NNDC and its workings as relating to Trimingham.

Disappointment was voiced at the paltry fines and costs paid by the owners of the camp site on Gimingham Road.

Terry reported that our Coastwise plans for Jubilee Wood and the Pond at the end of Middle Street are progressing which sound very exciting and hopefully help will slow erosion along our part of the coast.

Recycling centres were discussed and the pre-booking although onerous when working the booked visits seem to curtail delays.

Please when contacting the parish council contact the Parish Clerk Ms J Collingwood, by email: clerktrimingham@gmail.com, if by phone, 07703 129173, during 10 to 4 Mon to Fri, or Liz the Chair 07789 362323 anytime.

The next council meeting is Wed 9th July at The Pilgrim Shelter 7pm – All welcome.

Tribute to Sylvia

The Funeral Service for Sylvia Pardon was held at Trimingham Church on Thursday 29th May. This was well attended and was a beautiful service; a fitting tribute to a lovely lady.



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Take care when choosing a trades person and use one that is recommended, don't be alone, get a quote, pay on invoice, do not give them your payment card! Ask or use our advertisers or call Liz who has local knowledge with Crabtales.

John Mack will be greatly missed

Sad news John Mack a former Trustee and avid whist player at Trimingham Hall, died Monday 16th June after a short illness. I will best remember John standing ankle deep in water at one of the first Troshes as the intrepid barman in a torrential downpour, during which he continued serving with a smile. He will be greatly missed by all that knew him. *Liz.*

The Mobile Library
8th July &
15th August

Staden Park
15.35 to 16.00

Broadwood Close
16.05 to 16.15

Nature Notes *from Mac Marshall*

I was watching owls on Springwatch when a movement outside caught my eye. A barn owl had just settled on the telephone pole opposite. By the time I got my binoculars it had flown. Other sightings at home are a whitethroat and juvenile greenfinch, goldfinch, blue tits and great tits which still have white breasts.

On a day out at Cley there were around 70 to 80 avocets, swallows were nesting in the hides and my highlight of the day, an adult spoonbill with a juvenile close by. I spoke with a warden whom I know, who was looking for the juvenile for his records and told him their location.

I found a pair of female broad-bodied chaser dragonflies along Church Road, something I hadn't identified before although I know the male of the species. They are known for being among the first to colonise a new habitat and Harrisons have dug a drainage pond in the field at the other side of the hedge. Ecology at work.

When I visited Southrepps Common I was disappointed to find only a couple of dozen marsh orchids even though the ground was wet, but orchids are known to have off years, and I didn't even see any lizards which are frequently to be found on the wooden walkway.

It must have been one of those days.



**Hire of the Pilgrim Shelter for
Gatherings – Talks – Clubs –
Counselling – Work meetings
Wifi for Conference calls – to
discuss potential bookings call
Dot on 01263 833249 after 6pm**

Community Speedwatch volunteers needed

Our Community Speedwatch team monitor the speed of vehicles through our village.

Can you spare some time to help?
Yes, please call Terry on **01263 834349**

**Newsletter – next issue Sept/Oct, any content you'd like us to consider, please supply by 15th August, contacts are:
Dot Bradley on 01263 833249 after 6.00pm | Linda Brown on 01263 834349 | Sue Rust on 07973 502951**

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People who are struggling due to financial difficulty, ill health, debt, social care, housing issues, family breakdown or getting to medical appointments.

Some of the services we can offer assistance are:

- Beds for children
- Basic household goods, furniture & clothing
- White Goods (w/machine, fridge, cooker)
- Transport to medical appointments
- Shopping Service
- Foodbank Vouchers
- Referrals to Community Coordinators to connect people to further groups and services that cover, not only financial support and entitlements but also physical, mental and social well-being

**You could be eligible for immediate
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or E-mail info@cromer-cares.co.uk

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Life...

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We are here to help. Visit your library and talk to staff about being referred to our service.

- Do you need help with using a computer, tablet or smart phone?
- Are you struggling to pay for mobile data or broadband at home?
- Do your kids need to do homework, but you don't have a laptop or the internet at home?
- Do you worry about staying safe online?

Our friendly Community Tech Coaches are here to help with your technology and internet worries and struggles.

We can:

- Give you the skills and confidence to use your tablet, laptop or smartphone and be safe online
- Help you find out how to borrow a tablet, laptop or smartphone
- Suggest free training, courses and social groups
- Help you get internet access with free data and cheaper broadband tariffs
- Help you learn more skills so you can use apps and computers
- Find out if you might be eligible for a smartphone, laptop or tablet to keep



Trimingham Pilgrim Shelter, Loop Road, NR11 8EQ.

Monday 22nd September between 11.00am and 4.00pm.

Tea/coffee and refreshments will be available.

Contact: Linda on 01263 834349.

Contact a Community Tech Coach for yourself, or for a friend or family member who you think we could help.

Call: 01485 536420 or 01493 448246

(Monday to Friday, 9am to 5pm)

Pop into your local library

and ask a Coach to contact you

Email: techskillsforlife@norfolk.gov.uk

www.norfolk.gov.uk/techskillsforlife



Tech Skills for Life is a pilot project for Kings Lynn & West Norfolk residents funded by Norfolk County Council, working in partnership with the Borough Council of King's Lynn and West Norfolk, the NHS, and local voluntary & community groups so everyone can have the opportunity to get online with the right technology for them and their family.