

January-February 25



*Our Spectacular
Christmas Tree
Festival at
Trimingham
church...*



*... took place over Christmas and New
Year, 14th December to 4th January*



Photos courtesy of Patrick Carpmael



Pine Lodge, Gimingham Road, Trimingham, NR11 8HP

Offers Immediate Help & Assistance

Cromer Cares is a registered Charity, run solely by Volunteers, whose purpose is to relieve the **immediate** needs of our local people in Cromer, Thorpe Market, Trimingham, Gimingham, Felbrigg, Gresham, East & West Runton, Southrepps, Northrepps, Aylmerton, Overstrand, Sidestrand and Roughton.

People who are struggling due to financial difficulty, ill health, debt, social care, housing issues, family breakdown or getting to medical appointments

Some of the services we can offer assistance are:

- Beds for children
- Basic Household Goods, Furniture & Clothing
- White Goods such as washing machines, fridges, cookers
- Transport to medical appointments
- Shopping Service
- Foodbank Vouchers
- Referrals to Community Coordinators to connect people to further groups and services that cover, not only financial support and entitlements but also physical, mental and social wellbeing

You could be eligible for immediate help

Contact us now on

01263 686999

or E-mail info@cromer-cares.co.uk



Village Information & Contacts

Trimingham Parish Council:

www.triminghamparishcouncil.co.uk

Next Parish council meeting
8th January at Pilgrim Shelter,
Weds at 7pm

Trimingham Hall:

Liz King 07789-362323 /
King495@btinternet.com

Pilgrim Shelter:

Dot Bradley on 01263 833249
after 6.00pm.

Linda Brown on 01263 834349.

www.trimingham.org

(hall hire, shelter hire, what's on,
village events & news)

Find us on:  Trimingham Hall

Events:

For details of all regular weekly activities in the hall and the Pilgrim Shelter, please see the Trimingham.org website "What's On" or pick up your copy of the Crab Tales at the Hall."

Newsletter

EDITORIAL TEAM

Dot Bradley and Linda Brown
contacts as above

DESIGN AND PRODUCTION

Sue Rust

ADVERTISING

Contact Sue on

sue@custardcreative.co.uk

*A big thank you to advertisers that
with their support help us to
produce this newsletter.*

Village News from Dot and Linda

Christmas Tree Festival

A big Thank You to all who helped put the Christmas Trees Festival together - It was well worth it as the Church looked resplendent with all the decorations. Patrick took some great photos capturing the event, see a selection on the newlsetter front cover, more on the website: <https://trimingham.org/christmas-tree-festival-3/>

The chocolate tombola was again very popular. There were several very nice comments in the visitors' book in the Church.

The Christmas Afternoon Tea was thoroughly enjoyed by 24 folk, most of whom also went over to the Carol Service in the Church. Thank you to everyone who provided the delicious cakes and scones, and to Linda and Dot for all their hard work.

Quiz and games night

The November Quiz at the Shelter caused a lot of laughter and discussion about the answers before putting down on paper the answers, correct or incorrect. The next Quiz is on Friday 31st January and our next Games Night is Friday 28th February. Come and join in.

See you all soon...

Linda, Dot and Sue wish all our readers a Happy and Healthy New Year and hope to see you at some of the events at the Pilgrim Shelter and Trimingham Hall.

100 Club winners

November

No 35	Mrs J Edge	£20.00
No 53	Mrs V Panks	£10.00
No 27	Mrs H Hobson	£ 5.00
No 52	Mr A Lyons	£ 5.00

December

No 22	Mr P Berry	£20.00
No 61	Mrs M Lyons	£10.00
No 34	Mrs J Cooper	£ 5.00
No 32	Mr P Carpmael	£ 5.00

For just £1 each month you could be our winner of £20! Winners drawn each month. To get your number please contact our Treasurer, Mrs S Burwood, on 833941. ***Be in it... To win it!***

Bernard's 90th birthday

We celebrated this
at the Soup & Pud
on 27 Nov.



Takeaways

Marlings Bar and Grill do take-aways. You can contact them by email: foh@woodland-park.co.uk or call **01263 576026**. Also worth a mention is **Roughton Fish Shop** do deliver to our village, group an order with your neighbour and qualify for free delivery. Call Roughton Fish Shop on **01263 761289** Menu: thefishshoproughton.co.uk. We could have a Fish & Chip supper at the Pilgrim Shelter, let Dot or Linda know if you are interested.



BR Gardening Services

Clearance, hedges, lawns, fences and much more
Call Barry on 07717 575633 or 01263 649743
Email br.gardeningservices@gmail.com
www.brgardeningservices.co.uk

News from the Hall by Liz

Trimingham Hall held a very successful Christmas Bazaar on 24 Nov, followed by a good fund raising Table Top on 1 Dec.

The Christmas Free Community event on the 14th December, was again a great financial success, mainly due to Jenny's efforts collecting prizes from the village. *Thank you all who donated and bought tickets.*

New classes of fitness with Emma and Rest & Restore incorporating Yoga Nidra with Catherine begin this January, check out the timetable for class times.

Cash Bingo is 11 Jan and 12 Jan is the first Tabletop sale of 2025 within which we are incorporating a Jumble sale.

1 March and **Cuttin' the Mustard** (check them out on You Tube) return to the hall tickets available, £10 from Liz call, 07789 362323.

Any problems in the village ie heating – if you are struggling to keep warm – please contact Liz Chair parish council 07789 362323 or June Clerk to the parish council clerktrimingham@gmail.com.

Colin of CJ Trees has donated a heap of **wood chip** to the residents it is besides the small shed at Trimingham Hall please help yourselves.

Parish council notes

The Nov meeting was well attended and we learnt of improvements to the traffic calming in the village, hopefully to be implemented this year.

Coastwise continues its forums and now has launched a competition.

Members of the public are permitted to attend the meetings, if you'd like to know more, contact Liz on 834965.

Mobile Library

The Mobile Library will stop on 21st January and 18th February at

Staden Park	15.35 to 16.00
Broadwood Close	16.05 to 16.15

Pilgrim Shelter Activities

January

8th	Weds	Poppyland Ladies Group - 2.00pm AGM Parish Council Meeting - 7.00 to 9.00pm All very welcome, Contact Liz on 834965
10th	Friday	Craft Circle - 2.00pm
15th	Weds	Coffee Morning - 9.30am <i>In support of the Pilgrim Shelter.</i> Gardening Club - 2.00pm
17th	Friday	Book Club - 2.00pm
22nd	Weds	Soup and Pud Lunch - 12.30 <i>Contact Linda on 834349</i>
24th	Friday	Craft Circle - 2.00pm
31st	Friday	Book Club - 2.00pm Quiz Night - starting at 6.30pm (<i>Details opposite</i>)

February

2nd	Sunday	Table Top Sales - 9.30am
7th	Friday	Craft Circle - 2.00pm
12th	Weds	Poppyland Ladies Group - 2.00pm AGM
14th	Friday	Book Club - 2.00pm
19th	Weds	Coffee Morning - 9.30am <i>In support of the Pilgrim Shelter.</i> Gardening Club - 2.00pm
21st	Friday	Craft Circle - 2.00pm
26th	Weds	Soup and Pud Lunch - 12.30 <i>Contact Linda on 834349</i>
28th	Friday	Book Club - 2.00pm Pub Games Evening starting at 6.30pm (<i>See advert</i>)

For more information or to book the Shelter call Dot on 833249 (after 6.00pm) or Linda on 834349



Friday
31st January

starting at
6:30pm

Entry fee is £6 per person and will include cheese and biscuits with tea or coffee, but again if you wish to bring your own drink you are more than welcome.

Teams up to maximum of 6 but it is not necessary to have a fixed team so please do come along and make up a team with others on the night.

For more information or to confirm you'll be joining in call Dot on 833249 (after 6.00pm) or Linda on 834349



PUB GAMES NIGHT

Friday 28th February
starting at 6:30pm

There will be
cards, dominos, cribbage,
draughts and other games to enjoy.



Entry fee £5 per person to include tea/coffee/soft drinks and nibbles. *Bring your own alcohol.*

Events at Trimingham Hall

January

Tue 7th **New BODYBLITZ FITNESS** with Emma Staples
1030 to 1115
call or text 07941 999 011

Fri 10th **Rest and Restore using Yoga Nidra** with Catherine Law-
son of Tranquility Well-being
11am to 12pm

Sat 11th **CASH BINGO**
6:30pm EYES DOWN 7:15pm
£6 for six books, Ten games. Licensed bar. All welcome.
Raffle at half time.

Sun 12th **JUMBLE SALE & TABLE TOP SALE**
8:30 to 1pm – Majority of items under £5.
Masses of free easy parking. Refreshments: Tea/coffee £1;
Bacon roll £2; Cakes, crisps, chocolate bars 50p each;
Book a table with Liz 01263 834965/07789362323

TEA DANCE 1.30 to 4pm. £4 for admission

Wed 15th with **Barrie Eke & John Hutchins**

Wed 29th with **Justin William & John Hutchins**

Date for your diary!!!!

Saturday 1st March

TRIMINGHAM HALL WELCOMES THE RETURN OF
“**CUTTIN’ THE MUSTARD**”

7pm to 10:30pm

Tickets just £10 from Liz 07789 362 323

Reasonably priced bar ie wine £4 a glass, cans of ale just £3.

Masses of Free easy parking

Activities in Trimingham Hall view online: www.trimingham.org “What’s On” and the notice board in the Hall for new events.

February

Sat 1st **CASH BINGO**
6:30pm EYES DOWN 7:15pm
£6 for six books, Ten games. Licensed bar. All welcome.
Raffle at half time.

Sun 2nd **JUMBLE SALE & TABLE TOP SALE**
8:30 to 1pm – Majority of items under £5.
Masses of free easy parking. Refreshments: Tea/coffee £1;
Bacon roll £2; Cakes, crisps, chocolate bars 50p each;
Book a table with Liz 01263 834965/07789362323

TEA DANCE 1.30 to 4pm. £4 for admission
Wed 12th with Barrie & John Hutchins
Wed 26th with Just William & John Hutchins

The weekly classes

Mon **Mum & Baby yoga** 10:15 - 11:15am. With Laura 07900 333 563
Yoga 5:45pm - 7pm. £6.50. With Pat Briggs 07810 023 236
Tue **Pilates** 9:15 - 10:15am. With Teresa Harman 07900 733 832
Low Impact Fitness 10:30 - 11:15. With Emma 07941 999011
Slimmers Wild 1.45 - 4pm. Details Chris 01263 833581
NGMA Martial Arts 5 - 8pm. Details Nate 07921 588094
Wed **Thai Chi** 10:30 - 11:30am. Details Geoff 07833 135116
NGMA Martial Arts 5 - 9pm. Details Nate 07921 588094
Thurs **Thai Chi** 11am - 12pm. Details Geoff 07833 135116
Table Tennis 7pm. £5. Details Dave 07908 246494
Fri **Cardio Dance** 10 - 10:45am. £5. With Emily 07815 983482
Rest & Restore inc. Yoga Nidra 11am - 12pm. Details Catherine
07449 534 440

WEEKLY WHIST DRIVES

Sundays at 1pm - 3pm	<i>Cost £4</i>
Monday's at 1pm - 3pm	<i>includes play, refreshments,</i>
Thursday's at 1pm - 3pm	<i>raffle inclusion and score</i>
Friday Evenings at 7pm - 9pm	<i>prizes.</i>

All welcome. Give Liz a call on 01263 834965 or 07789 362323
for further details or to arrange a refresher session.

Nature Notes

Late one afternoon at the end of October there were partridges feeding in the field of at the end of Church Road. They were among a flock of smaller birds that I could not identify until I got home and checked my photos. They were, in fact, a flock of more than 30 Snow Buntings, newly in from the Arctic where they spend the Summer. We usually find them on the shingle bank at Cley in winter.

The weather has been so bad that I haven't even been to Horsey yet to see the seals so I can't report on the number of pups.

On my last visit to Hickling in November there wasn't much activity until I got to the Bittern hide which was flooded for much of the summer. A man who had been watching for 2 hours said there was a Bittern stalking in the reeds. I eventually found it and we watched together for about 20 minutes until it flew past the hide and into the reed bed. I insist that I get pleasure from nature even when it's cold.

Mac Marshall

A poem from Chrissie's sister

He loved his visits to us - bringing manners somewhat crude
His pleasure overcame our thoughts of "why is he so rude"

We closed our minds to all his fault, his loud intrusive slurping
His flatulence, and almost constant, noisy, forceful burping

We all tried hard to tolerate his gluttony, with smiles,
Whilst wishing he'd move away - by miles and miles and miles

Til - Boxing Day we five sat round with tummies all a-rumble,
Suppressing grins, for laxatives were in his tasty crumble!

It wasn't that he was disliked; we loved him without question,
But, oh joy, when he went home with chronic indigestion

Trimingham Church and Benefice



The next church services in Trimingham will be:

5 January - Holy Communion 11.00am

2 February - Holy Communion 11.00am

23 February - Benefice Service 10.00am

Harvest Festival Service – donations given to the Foodbank amounted to 46.7kg. Grateful thanks to everyone.

Any requests for prayer can be left on the prayer board in the Church; or sent to Rev. Sian via email revsreading22@gmail.com or contact her by phone 01263 833790.

For general enquiries regarding weddings, funeral or baptisms please email the Administrator Poppyland.rector@gmail.com

DIP 'N' DINE

Every Wednesday From 08th Jan



Swim in our gorgeous pool



Eat in our bar and restaurant



£12 per child

£15 per adult

Book by calling on
01263 576020

T&C's: Must be a member of the leisure club. Excludes Sea Bass and Rib Eye Steak. Please contact for more information. Food orders to be placed before 6pm.

Trimingham Pilgrim Shelter available for Hire

An iconic building built by the Reverend Page in 1935.



Making an excellent venue for club meetings or activities.

Modern facilities and benefits from:
Seats 24 with compact kitchen, toilets,
Wifi and small car park.

Call Linda (01263 834349) or Dot (01263 833249 after 6pm) to discuss a potential booking.

COASTWISE CREATIVE COMPETITION

Can your creativity help us explore the impacts of coastal erosion on coastal communities and explore how to prepare well for the changes ahead? You could win £500 for first prize in either the individual or group category!

To find out more and to enter, scan the QR code or visit
www.north-norfolk.gov.uk/coastwise-creative-competition



Deadline for submissions is 3pm on Friday 17 January 2025



The winning entries and up to 20 shortlisted entries will be displayed in an exhibition at the Simon Aspinall Wildlife Education Centre within the Norfolk Wildlife Trust Visitors Centre in Cley between Tuesday 18 March to Monday 5 May 2025.



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