

Church Services in the Parish

By the time you read this our Church will be open for private prayer only. The church was cleaned by Colin Dash, thank you for that. Only the front door will be open. Just inside the front door you will find a hand sanitiser, wipes, paper towels, a waste bin and instructions. On entering and leaving the building please use the hand sanitiser, especially on the door handles. If you touch any of the pews or other parts of the church please use a wipe to clean the surface. Prayer cards are still provided, but no pens, so you need to bring your own. It would be good to know how many people visit the church so please make comments in the visitors' book. It would be helpful if you close the door on entering and leaving the building as this will prevent birds from getting in as it is very difficult to get them out. Thank you for this.

It goes without saying that if you feel ill please do not enter the building. Please maintain social distancing and if there are already people in the church perhaps you could wait outside until it is safe to enter.

If you wish to have a picnic please do not eat inside the church, there are some seats in the churchyard, or just cross the road and eat at the picnic tables outside the Pilgrim Shelter. Please enjoy your visit to our church

If you need any help or guidance for religious reasons, please contact the numbers listed below.

Church Contacts:

The Rector – Revd Sian Reading

Telephone: 01263 833790

For Weddings, Funerals, Christenings and general enquiries please phone the Administrator on 07464 963701 or email poppyland,rector@gmail.com

The "Befriending Service" available locally for anyone requiring support can be accessed by ringing 01263 512254.

Trimingham News

NEWSLETTER JULY 2020

We should all give thanks to all the workers who have kept us going throughout lockdown: the postmen, the refuse collectors, the van delivery drivers, the garden centres, the local shops, the supermarket workers, the newspapers. I am sure there are a lot more that I have not mentioned, but thanks to all of you because you have helped us through these perilous times.

Our volunteers are still available to help should you need it. Do feel free to contact anyone listed below if you have a problem:

Jo/Jackie/Toni	834690	Liz	834965
Rikky	833538	Sam	833452
Sarah/Mike	833724	Terry	834349

Although Cromer surgery pharmacy are now expecting people to make their own arrangements for their monthly meds, I am happy to continue picking up and delivering and the pharmacist is happy for that to continue. Any confusion please phone me on 01263 834965, Liz

100 Club

Again, there will be no 100 Club Draw for June or July, but hopefully we can sort something out for August, depending on the Government guidelines. We are sure that you understand the reasoning behind this.

Dot's ramblings

It goes without saying that we must still keep safe and keep washing our hands and keep to the social distancing set by the Government. We have all seen the incidents on the television news where this is not happening and hope that there are no dire consequences as a result.

To more cheerful things, John and I now have a competition (perhaps too strong a word) with the hard version of the Sudoku in the EDP. I have made up some blank sheets and he fills in the numbers for me. He sits and works at it until he has finished it, which usually is not very long. While I work on it when I am having a coffee or lunch break, so not really a competition as he always finishes first. I finish about 95% of them but some are very hard and I need a bit of assistance.

The flower planters have been planted and a big thank you to all who donated plants. Since they were done we have had a lot of rain so they have not yet needed watering, but will do, in the heat, to keep them looking at their best.

The other day on our walk we saw a Red Kite soaring around the sky roughly above the Harrison's farm and it was being mobbed by a much smaller bird and then they both merged into the mist, but a nice surprise to see it.

I have tried to grow some early potatoes in a tub and they now look like triffids (not sure how to spell that) John and I are sure that when we dig them up there will only be tiny, tiny potatoes, I will report in the next issue. My runner beans look a bit sorry for themselves, they got hit by the strong winds and I am not too sure if I will get any beans but we continue to hope. The stick beans, as I call them, seem to be a favourite of slugs.

I am continuing to make rock cakes, sausage rolls and quiche, it keeps me occupied and they do not taste too bad.

Keep cheerful ...

Alec's Mardle

(Alec Reynolds was born in Trimmingham in 1926 and has lived here all his life)

I hope everyone is coping well with this virus. I wish you all the best of luck and keep clear of it. I am not doing too badly. I have got good help from Dot and Sue who are marvellous to me. If it was not for them I would not be in my own house. I cannot thank them enough. I would also like to thank all the folk passing by who wave to me and also those who walk up the garden and speak to me through the window. Thank you it means a lot to me.

Years ago, on a Saturday morning, there was a Rag and Bone man came round the village in his horse and cart. He would shout "Any old rags today Mam". He would give you a few coppers for them. He would buy rabbit skins for a penny or two pence (old money) each. It all depended on how good the fur was. A wild rabbit was a good meal before they got myxomatosis. My Dad and his brother Percy used to go rabbiting on a Saturday afternoon and Sunday morning with the ferrets. One was called Marmaduke. My Grandfather was a gamekeeper and one day my Aunt Kate when she was a little girl opened the door of the ferret hut and the ferret bit her nose. She did not get close to them after that. Some ferrets can be very vicious and if you do not hold them properly they would pin hold of you. These were working ferrets, not pets.

Alec

Safeguarding

We have been notified of a possible track and trace scam involving a bogus caller purporting to be from the tracking team. It appears that they are suggesting the individual being called has been in touch with someone infected and requires a test. All of this is quite possible, of course, but the scam goes on to suggest that you need to pay for this test and are asking for a credit card to cover the cost of £50 and implying that there will be a penalty for not complying with the request.

Should you receive such a call remember there is no charge! Don't be fooled into passing on any personal banking details.

Norfolk Churches Trust Bike Ride

The Bike Ride Committee are planning to go ahead with the Bike Ride on 12th September.

It will be a great opportunity to raise some much needed funds for the churches.

Further information can be found at their website:

<http://norfolkchurchestrust.org.uk/bike-ride/taking-part>.

The Trust hope that cyclists, walkers, car drivers will feel able to help the churches in this way

Nature notes for July 2020 – Mac Marshall

We are now over halfway through the year and most of us have been no-where, except locally. I visited Felbrigg having booked online but there was not much activity there. I saw a lone swan but there might have been another on a nest in the reeds, also there were hundreds of blue damselflies and a few dragonflies including one which was laying eggs on the vegetation in the lake.

Southrepps Common seems to have a lack of marsh orchids and bog cotton this year but was covered in ragged robin flowers. The recent rain may rectify this. On my way there, a stoat ran across the road into one of the pig fields.

I have some verbascum plants in my border and found 13 large white, black and yellow caterpillars, which I watched for a few days while they grew to about 5cms long and quite fat. They were the larvae of the mullein moth and I assumed that their colour was a warning to birds not to eat them. Wrong, a cock blackbird took them all.

The 5 robins in my bike shed fledged and I watched them being fed on the lawn and a family of newly fledged sparrows sat in a line on my bamboo bean frame also waiting to be fed.

I have seen numerous swallows and martins but only 1 swift. While on the cliff top I saw 3 terns fishing at high tide and a marsh harrier gliding over the fields.

I continue to be visited by pheasants, partridges, gold finches and occasionally white throats and coal tits. I have not seen pied wagtails for a couple of weeks.

Let us hope that soon we will be able to visit further afield when the bird reserves re-open

Mac

Gardening Tips by Tony

Top tips for July:

1. Hoe borders regularly to keep weeds down
2. Be water wise in drought affected area
3. Pinch out side shoots of Tomatoes
4. Harvest lettuce, radish, other salads and early potatoes
5. Position summer hanging baskets and containers outside
6. Mow lawns at least once a week
7. Plant out summer bedding
8. Most of all enjoy your gardening

Make the most of the lovely weather.

Weekly, Monthly and Bi Monthly Events

The Committee have started the process of organising a timescale for re-opening some activities. It is intended to open the hall for use w/c Monday, 27 July. There will be a deep clean of the whole building before this date and a full risk assessment has been carried out. All of the appropriate safety/cleaning procedures will be in place.

The organisers of each activity will decide whether it is right to return after this date and will let participants know when this might be. Much depends upon each person's confidence to return.

There are still books, dvd's, cd's and jigsaw puzzles down at the hall. If you would like to borrow some, please give Linda a ring on 834349 and she will arrange to open for you.

You will have noticed that a car boot sale is being held on the grounds of Trimmingham Hall on a Saturday morning. There is no access allowed to the building. The organisers are responsible for ensuring that they adhere to the social distancing guidelines and provide the necessary hand sanitizer points.

It is good to see a little light at the end of what has been a very long tunnel!

The Premier Stores in Mundesley have told us that they are quite happy to deliver any groceries residents might need during this period of self-isolation.

If you would like to take advantage of this offer contact:

M Ace Stores
136 Cromer Road
MUNDESLEY

Telephone: 01263 720262

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Public Footpath

The footpath that runs from Broadwood Close to the back of the Church has become very overgrown and is not now easy to use.

If anyone has time to spare to clear the path of foliage so that it becomes passable again, this would be most helpful.

Thank you in anticipation.

Terry

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Sudoku

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	3	8						
		4	7			3	1	
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Newsletter editing – If you have an article that you would like included please let Dot have copy by 19th of the month at the latest.

If you want to place an advertisement, please let Linda have this by 15th of the month so that we can prepare it for the following edition. This will allow us to have sufficient time to arrange printing and distribution before the beginning of the month