Church Services in the Parish

All Church Services have had to be cancelled and unfortunately all the Churches are closed. If you need any help or guidance for religious reasons, please contact the numbers listed below.

Church Contacts:

The Rector - Revd Sian Reading

Telephone: 01263 833790

<u>For Weddings, Funerals, Christenings</u> and general enquiries please phone the Administrator on 07464 963701 or email poppyland,rector@gmail.com

Please, also be aware that we are getting a lot of information about "scams" that are being tried, with phone calls purporting to be from official organisations (i.e the Police) and asking for personal details and other such information. Please do not give out any information unless you know the person you are talking to is genuine.

If you have any doubts, please contact one of the listed in this Newsletter.

There is a "Befriending Service" available locally for anyone requiring support. This can be accessed by ringing 01263 512254.

Trimingham News

NEWSLETTER JUNE 2020

If you are self-isolating and need help with shopping, posting mail, a friendly phone call, urgent supplies or medication collection etc please do not hesitate to contact one of the numbers below. Please take every precaution to ensure that you are only spreading kindness. Avoid physical contact (2m distance). Items should be left on your doorstep:

Jo/Jackie/Toni	834690	Liz	834965
Rikky	833538	Sam	833452
Sarah/Mike	833724	Terry	834349

It is good to know that there are villagers who are able and willing to help you so please just make the call if you need help for anything at all.

I hope you are remembering to honour the NHS for all the amazing work they are doing. If you cannot go out and clap on the Thursday evening perhaps you could do it from your chair.

100 Club

Again, there will be no 100 Club Draw for May and possibly longer until the social isolation is lifted. This is because of the distancing difficulties involved in collecting the money and making the draw. We are sure that you understand the reasoning behind this.

As is usual now please help to keep this nasty virus away from our village by keeping 2 metres apart when you talk to people, wash your hands, and keep going out to a minimum.

Perhaps like me you have adopted a new way of shopping, I now only go to a supermarket once a month and do a big shop. For essentials such milk and bread I pop down to Mundesley.

I am not the Dancing Queen but maybe the Countess of Baking. It is a long time since I baked anything and I have enjoyed learning the art again. John is up for my experiments and has eaten sausage rolls, quiche and rock cakes; maybe I will get more adventurous as time goes on.

My beans and courgettes are coming along nicely and I have tried to grow some potatoes, so we will see how these progress into the summer.

Our early morning walks have been productive on the hare front as we have seen several. One got very close to us before he realised we were there. We also saw a woodpecker in the wood and more surprisingly as I came out of Alec's on Sunday 10th May I saw two day old pheasant chicks with mum just over his wall. It was that very cold and windy day and when I went back to do his tea they were gone so hopefully she had moved them to somewhere more sheltered.

I don't know about you but normally I have my hair cut once a month as it grows so quickly. John wants to be Teezy Weezy, I think that is his name from way back in the past or something very similar. I think he is more likely to be the Demon Barber so I have not taken him up on his offer to cut my hair as yet.

Alec's Mardle

(Alec Reynolds was born in Trimingham in 1926 and has lived here all his life)

First of all I would like to wish everyone the very best and Keep Well!

As I sit in my conservatory it reminds me of years ago as you see the delivery vans stopping at the houses or going past to other villages. Years ago there would be vans delivering groceries, bread, cakes, fish, and milk. Also there were lorries delivering coal, poultry food etc. These vehicles came from Mundesley, North Walsham, Southrepps, Cromer, and Overstrand. There was also a pony with a flat cart with fruit and vegetables from Trunch and a pony and trap with milk. Whoever thought a virus could cause so much trouble in the world.

Cromer it was Mutimers with groceries; a Mr Huggins came and got the order and a Mr Burton delivered them a week later. Also International Stores and Rusts dealt in groceries and clothes. From Overstrand Hardy the Baker, Southrepps Drury a Baker, Mundesley Gedge the Baker. Before him it was Mr Burton and his bake house that went down the cliff. Milk was delivered by Twigg, and then the Milk Marketing Board took over. Other milkmen were Williams of Gimingham and Mr White from Fen Farm Southrepps. He had a pony and trap and had his own cows. When he sold his herd of cows he got his milk to sell from Mr Harrison, Hall Farm. Mr White gave all the children in the village an orange at Christmas, which we got at the Christmas Party in the school, which was Buxton Hall. There was a fishmonger in the village which delivered around the villages. First he had a motor bike and sidecar and later a van. They also came from Yarmouth on a Saturday morning with fish.

Trimingham Parish Council

Covid.19

Just a note to ask you to keep yourselves safe during lockdown. We have had a couple of items stolen from our front garden at Beacon Farm (the gate was open on both occasions). Someone else in the village had a theft from their shed. We all know how many kindnesses are being shown at present, but the other side of this is that the crime rate has increased.

I would urge you all to lock up your sheds and outbuildings and also, of course, your homes. Stay safe and well and we will be back together soon.

Liz Bowler for the Parish Council

A thank you to the NHS ...

On Monday 11th April John was working outside and got something in his eye which he could not get out. I rang the Doctor's surgery who did not have an appointment that afternoon and advised that we go to the Minor Injuries Department at Cromer Hospital but to ring them first. I rang and was told that provided he had no symptoms of the virus he could go the hospital, but I was not allowed in. When we arrived a nurse in protective apparel came out and took his temperature and he was allowed in. While I waited for him outside there were several patients turning up and all were tested. When he came out minus the offending particle, which he said was very tiny but had felt like an elephant, he had a mask on. He said that the nurse who saw him was very kind and good. They gave him some ointment and it is now fine.

This just goes to show that the NHS are still working on other complaints and you should not be afraid to contact them if you have a problem.

Nature notes for June 2020 - Mac Marshall

The natural world goes on as if nothing has changed, but it has. Emails from the RSPB and Wild Life Trust warn that when they re-open we must be careful where we walk because the animals and birds are nesting near to footpaths. This is obvious locally as many people have mentioned how many hares they have seen. I actually saw a leveret - a baby hare - on the Coastal Path behind Sidestrand.

I have seen a few different butterflies notably Yellow Brimstone - both male and female. The male is much brighter yellow than the female, both Common Blue and Holly Blue. They are very similar and only about 3cms across, the Common has a light border on its inner wing and the Holly has a black edge, if you can get them to stay still long enough to observe them. Peacock, Red Admiral and Tortoiseshell are around, but the most visible at present are the Orangetips - again the female are less flamboyant having a black tip to their wings. Some orchids have been seen, 7 Spotted Orchids at the junction leading to The Grove farm and I found a Pyramid Orchid on Southrepps Common. There was also a good covering of Cuckoo flowers. The Marsh Orchids were not yet in bloom when I visited mid-May. There were also Ragged Robin just starting and some Scarlet Pimpernels in the field behind the Village Hall as well as in my garden.

The Blue Tits in my nest box have flown and the Blackbirds in the privet hedge have fledged and Robins, Dunnocks and Starlings are feeding their young. I have had 2 reports of Pheasant chicks although my visitors do not seem to have any yet. One of them is so tame that she was feeding 2 metres away from me, until she strolled away under the Hawthorn hedge.

It is good to see Swallows and Martins - both sand and house - taking advantage of the St Marks flies. They appeared around 25th April, St Marks day. I do not suppose they could have named them St George's flies whose day is 23rd April, it is not dignified enough. I have not seen or heard Swifts yet, and they usually nest under the eaves opposite Mundesley Butchers Shop. Red Kites have been seen by a number of people and I saw one flying along the shoreline. It was obviously red as I looked down at it from the cliff top.I received an email saying that Felbrigg grounds are open, but you have to make an appointment for a parking permit which I shall be doing soon as I am getting withdrawal symptoms due to a lack of wildlife

Mac

Gardening Tips by Tony

Summer is on its way. Sowing and planting out bedding can begin, depending on regional weather. You can also take softwood cuttings and it's time to get back into lawn mowing.

Top 10 jobs for this month:

- 1. Watch out for late frosts. Protect tender plants
- 2. Earth up potatoes and still plant
- 3. Plant out summer bedding at the end of May
- 4. Water early and late. Water recycle where possible
- 5. Regularly weed
- 6. Open greenhouse doors and vents on warm days
- 7. Mow lawns weekly
- 8. Check for nesting birds before hedge cutting
- 9. Lift and divide overcrowded daffodil bulbs
- 10. Watch out for greenfly, whitefly, grubs and beetles.

Keep gardening!

Weeky, Monthly and Bi Monthly Events

All events, clubs and other activities, both weekly, bi monthly and monthly that take place at the Hall or Pilgrim Shelter are still suspended. The Management Committee are deeply disappointed by having to make this decision, but it is the right one in light of the government recommendations. The Flower Festival planned for 13/14 June is cancelled and it is also very likely that the Craft Fair planned for the 26 July will be postponed.

The Committee will start the process of organising a timescale for re-opening some activities over the next few weeks. Keep a watch out on the web site for details.

There are still books, dvd's, cd's and jigsaw puzzles down at the hall. If you would like to borrow some, please give Linda a ring on 834349 and she will arrange to open for you.

If you need help, do not be afraid to ask. Call anyone on the Committee or any of those listed on the front page and we will endeavour to assist.

Keep well and stay at home and remember to "wash your hands"!

The Premier Stores in Mundesley have told us that they are quite happy to deliver any groceries residents might need during this period of self-isolation.

If you would like to take advantage of this offer contact:

M Ace Stores
136 Cromer Road
MUNDESLEY

Telephone: 01263 720262



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Donations required!!

Geoffrey Pardon has very kindly donated three large wooden planters to the village. It has been decided that one should go at the Pilgrim Shelter and the other two located either side of the village sign.

What we need now is donations of compost, shrubs, bedding plants and perhaps some of your time to help plant out, water, etc.

If you would like to help in any way, no matter how small, we would love to hear from you. Contact Terry on 834349 for more details on how you can help.

Thank you.

<u>Sudoku</u>

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	8					1	
		4			7		
9		1	6	7	4		2
		8	9	6	2		
5		3	4	2	1		7
		9			5		

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Newsletter editing – If you have an article that you would like included please let Dot have copy by 19th of the month at the latest.

If you want to place an advertisement, please let Linda have this by 15th of the month so that we can prepare it for the following edition. This will allow us to have sufficient time to arrange printing and distribution before the beginning of the month