## **Church Services in the Parish**

All Church Services have had to be cancelled and unfortunately all the Churches are closed. If you need any help or guidance for religious reasons, please contact the numbers listed below.

#### **Church Contacts:**

The Rector - Revd Sian Reading

Telephone: 01263 833790

For Weddings, Funerals, Christenings and general enquiries please phone the Administrator on 07464 963701 or email poppyland,rector@gmail.com

Please, also be aware that we are getting a lot of information about "scams" that are being tried, with phone calls purporting to be from official organisations (i.e the Police) and asking for personal details and other such information. Please do not give out any information unless you know the person you are talking to is genuine.

If you have any doubts, please contact one of the listed in this Newsletter.

There is a "Befriending Service" available locally for anyone requiring support. This can be accessed by ringing 01263 512254.

# Trimingham News

#### **NEWSLETTER MAY 2020**

If you are self-isolating and need help with shopping, posting mail, a friendly phone call, urgent supplies or medication collection etc please do not hesitate to contact one of the numbers below. Please take every precaution to ensure that you are only spreading kindness. Avoid physical contact (2m distance). Items should be left on your doorstep:

Jo/Jackie/Toni	834690	Liz	834965
Rikky	833538	Sam	833452
Sarah/Mike	833724	Terry	834349

It is good to know that there are villagers who are able and willing to help you so please just make the call if you need help for anything at all.

The Annual Parochial Church Meeting was to be held at Pilgrim Shelter on Tuesday 21<sup>st</sup> April starting at 2.30pm has been cancelled.

#### **100 Club**

There will be no 100 Club Draw for April and possibly longer until the social isolation is lifted. This is because of collecting the money and making the draw. We are sure that you understand the reasoning behind this.

We hope that you are all keeping well and free from the virus, but as they keep telling us don't forget to wash your hands.

John and I have been going out early in the morning for a walk around the lanes and along the cliff top. We have seen several hares, beautiful creatures, a very brief glimpse of a weasel, and numerous birds. We are not very good at identifying them, but it is good to see and hear them. The weather has been very warm, and the ground has become very dry.

Drivers must be heeding the stay at home message as it has been a lot easier to cross the road when we go out and I do not have to keep moving into driveways when going down to Alec.

We hope you are all keeping yourselves occupied and keeping in touch with family and friends by phone or the newfangled video conferencing thing? I have by phone.

I have read several books as out of necessity there are a lot of repeat programmes on television. I have even tried my hand at knitting but for me it takes a long time for anything to grow.

Our thanks to everyone who is going out to get shopping and collect medication etc for villagers, I know that it is very much appreciated by them. If you need help of any kind contact anyone listed on the front page.

We hopefully will remember to go out and clap for all the key workers on a Thursday evening, they are all doing a wonderful job in very challenging circumstances and we could not manage the lock down without their commitment.

Everyone keep safe.

#### Alec's Mardle

(Alec Reynolds was born in Trimingham in 1926 and has lived here all his life)

#### My Family

I had one sister and two brothers. Edwin was the youngest, then Len, then me and then Daphne. Edwin was a carpenter; Len was a male nurse in a hospital. Daphne worked in munitions during the war. I worked half my life on the farm and the rest for Norfolk Highways. When Len was two years old he got diphtheria, so Daphne and I had to go to live with an Uncle and Aunt in Trimingham, two doors up from home. Then after a fortnight Len went into the Isolation Hospital at Roughton. He stayed there for a month; he was lucky to get over it. Dad biked over every night and peeped through a window to see him. It was brought to the village by some boys on holiday. I had an Uncle who got it too. So after that my sister and I went back home.

Edwin died, Len lives in Leicester, Daphne is in a home at Brundall. I have stayed in the village where I was born with the help of Dot and Sue.

Dot obviously has not been round to collect your jam jar money and will only do so when it is safe.

Our Church will need the jam jar money more than ever because no other fund raising can take place.

It would be much appreciated if you could continue to put your normal amounts into your jam jars. Thank you.

Woodland Holiday Park are offering a delivery service during the current situation. The service is available Wednesday to Saturday 4pm to 7pm and Sunday 12pm to 3pm. Please call them on 01263 579208 to order.

Country Pickings and Mundesley Butchers are also making deliveries to Trimingham.

To help with your gardening Overstrand Garden Centre are also delivering.

There are still plenty of books, dvds and some jigsaws at Trimingham Hall so if you need any please ring one of the numbers on the front page and they will be delivered.

#### Nature notes for May 2020 - Mac Marshall

"I heard the sweet lark sing in the clear air of the day", a line from a song I am learning with the Harmony Choir. I am reminded of this as I am sitting in my garden listening to the sound of 2 larks over the field, as well as other birdcalls, and 15 feet away a goldfinch is feeding on black sunflower seeds.

Since the lockdown I have not been far, but I have remarked to several people that I have seen more hares than ever before. I counted 7 in one field on the cliff top behind the farm on the right approaching Sidestrand, but they are visible everywhere if you stop and look and know what you are looking for.

I have been waiting for chiff chaff to arrive and now they have, together with blackcap and whitethroats – all behind the Pilgrim Shelter, but I still have not seen sand martins or swallows. I wonder if the cliff fall at the caravan site brought down some of their nests. It is quite close to a colony.

Blue tits are examining 2 nest boxes and I opened my bedroom curtains one morning to find a blue tit coming straight at me but it turned and landed on the next box 2 feet away. Sparrows are taking nest materials into another box and I saw a cock blackbird with a beak full of wriggly things. I think it might have gone into the privet hedge where they have nested before. In the hedgerows, the spring flowers are returning – vinca along loop road, pink herbrobert, woodside violets and marsh marigolds behind Woodlands Caravans and masses of bluebells in the woods.

Other sightings have been peacock, tortoise shell, orange tip (both male and female) and brimstone butterflies, various birds including 7 cranes flying over, one male bullfinch and goldcrest, and there is evidence of badgers digging in the lawn of the house opposite me. At least I am still able to get out to a limited extent and hope I shall be able to go further afield soon. Stay Well.

Mac

## **Gardening Tips by Tony**

Clean the garden, edge the lawn, time to prepare your soil, get rid of garden pests, plant and sow spring annuals, set up compost area, time to grow vegetables, plant trees and shrubs. Get rid of old growth of herbaceous perennials. Lots of weeding. Dig and prepare soil for planting. Edge the lawn, this clearly divides the lawn and flower beds.

After clearing debris, nourish your soil with compost or well-rotted manure.

Get rid of garden pests – snails, slugs and aphids, they usually hide under crowns of perennial plants throughout winter. If you have not sown seeds yet – start them now – marigolds, petunias and any other seasonal flowers. Also time to plant container garden.

Compost and manures are very important as you will be able to use them to organically nourish your plants and soil without the need for synthetic fertilizers. Throw in a mixture of anything organic including grass clippings, paper, veg peelings and leaves. Turn the compost once or twice a month.

There are many warm season vegetables that you might consider planting at this time for summer harvest - Cucumbers, okra, beans, tomatoes, peppers, melon. Cooler season vegetables - Radish, carrots, peas, lettuce.

Prune deciduous trees and shrubs and sickly leaves or branches. Mulch trees and shrubs.

Add any tree or shrub to your garden, now is the time to do it. Fertilize or reseed your lawn.

Most importantly of all enjoy your gardening and garden.

### Weeky, Monthly and Bi Monthly Events

All events, clubs and other activities, both weekly, bi monthly and monthly that take place at the Hall or Pilgrim Shelter are suspended until further notice.

The Management Committee are deeply disappointed by having to make this decision, but it is the right one in the light of the government recommendations,

If you need help, do not be afraid to ask. Call anyone on the Committee or any of those listed on the front page and we will endeavour to assist.

Keep well and stay at home and remember to "wash your hands"!

The Premier Stores in Mundesley have told us that they are quite happy to deliver any groceries residents might need during this period of self-isolation.

If you would like to take advantage of this offer contact:

M Ace Stores
136 Cromer Road
MUNDESLEY

Telephone: 01263 720262



## **Martin Wones Electrical**

All domestic and commercial electrical work undertaken

24hr call out service

Mobile 07468 572068 Tel 01263 649858

Email; martinwoneselectrical@outlook.com Web; www.martinwoneselectrican.co.uk

## **CJ Tree & Garden**

**Services Norfolk** 

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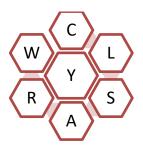
Woodchip always available

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www.cjtreeservices.co.uk Phone 07500 514187

## Can you work out where these places are in Trimingham

LOON WADDS
HA THALL RIM MING
SHIP GRIM TELLER
THIS JO DOFT EASE BATH PAN THIN
PAD STAR KEN
WOAD SCOLD BOORE



From these letters make words of three or more letters, <u>always</u> including the central letter. Only words included in the Concise Oxford Dictionary, excluding capitalised words, plurals, conjugated verbs (past tenses etc) adverbs ending in LY, comparatives and superlatives.

**How good are you**: 12 words = average; 17 = good; 21 very good; 26 = excellent

## TRIMINGHAM ROOFING

FLAT AND PITCH ROOFING
LEAD WORK
CHIMNEY REPAIRS
FASCIA AND GUTTERING
GENERAL BUILDING
Tel 01263 833448
07747 136190

Newsletter editing – If you have an article that you would like included please let Dot have copy by 19<sup>th</sup> of the month at the latest.

If you want to place an advertisement, please let Linda have this by 15<sup>th</sup> of the month so that we can prepare it for the following edition. This will allow us to have sufficient time to arrange printing and distribution before the beginning of the month