

## **Church Services in the Parish**

### **Sunday 1<sup>st</sup> MARCH**

**Northrepps** Holy Communion 9.30am  
**Thorpe Market** Holy Communion 9.15am  
**Overstrand** Holy Communion 10.30am  
**Trimingham** Morning Worship 11.00am

### **Sunday 8<sup>th</sup> MARCH**

**Northrepps** Holy Communion 9.30am  
**Southrepps** Holy Communion 9.30am  
**Overstrand** Morning Worship 10.30am  
**Sidestrand** Holy Communion 11.00am  
**Antingham** Holy Communion 10.45am

### **Sunday 15<sup>th</sup> MARCH**

**Northrepps** Morning Worship 9.30am  
**Thorpe Market** Holy Communion 9.15am  
**Southrepps** Holy Communion 9.30am  
**Overstrand** Holy Communion 10.30am  
**Trimingham** Holy Communion 11.00am

### **Sunday 22<sup>nd</sup> MARCH** Mothering Sunday

**Overstrand** Benefice Service 10.00am

### **Sunday 29<sup>th</sup> MARCH**

**Antingham** Holy Communion 10.45am  
**Trimingham Hall** Café Church – Coffee from 10.30am,  
Service at 11.00am

### **Church Contacts:**

**The Rector** – Revd Sian Reading  
Telephone: 01263 833790

For Weddings, Funerals, Christenings and general enquiries please phone the Administrator on 07464 963701 or email poppyland,rector@gmail.com

# Trimingham News

## **NEWSLETTER March 2020**

### **Trimingham Community Land Trust**

As we are getting close to formally registering this CLT we think it would be a great idea to have someone from the village to invent a **LOGO!** We would like this Logo to be representative of Trimingham, and to include all the features that are typical of our village. CHURCH/PILGRIM SHELTER/ ENVIRONMENT (cliffs and agriculture)/ NEW HALL etc. If you look at the Village Sign you will get a good idea. We know we have several very talented artists in the village so what can you come up with?

If you need to chat about this please contact any member of the Management Team, for contact details please refer to the village web site – Trimingham.org

Phil Berry Chair of Trimingham CLT

We would like to thank Sam Kirk for all her hard work preparing the newsletter for nearly 8 years. We apologise that Sam was not thanked in the February newsletter which was an error on our part

### **100 Club Winners for February 2020**

1 <sup>st</sup>	No 76 Mr M Wyman	£20.00
2 <sup>nd</sup>	No 59 Mrs K Reynolds	£10.00
3 <sup>rd</sup>	No 54 Mrs Capps	£ 5.00
4 <sup>th</sup>	No 37 Mr D Wilson	£ 5.00

The Media and Book Sale on Sunday 22<sup>nd</sup> March will now be open from 9.00am to 12 noon, please note the change of times. This will leave you enough time to take Mum out for a Mother's Day Lunch, which I am sure you had already planned to do.

Liz King has retired from running the monthly Table Top Sale, thanks for all your hard work for the last 8 years. The contact for booking is now Matt on 833945. The next Table Top is on Sunday 1st March.

Liz will still be continuing with her regular Whist Drives on Monday and Thursday afternoons and Tuesday and Friday evenings, contact 834965

On 15<sup>th</sup> March there is the pre-loved clothing, shoes and handbag sale 10.00am to 1.00pm

The Poppyland Ladies and visitors thoroughly enjoyed the talk and slide show by Zoe Smith of the Hawk & Owl Trust. From the slide show it looks as though a visit to their Reserve at Sculthorpe near Fakenham would be well worthwhile. Di Reeve is giving a talk on 11<sup>th</sup> March on behind the scenes at a Pantomime, or as the mood takes her maybe on something else.

Despite storm Dennis the Bingo took place on 15<sup>th</sup> February and £70 was raised for the Church and £50 for Cromer Macmillan Centre. There will be another Bingo on 18<sup>th</sup> April.

We are trying to plan out the events for the coming few months and a suggestion has been put forward that we hold just one Yard Sale a year in July, when hopefully the weather will be better. However, to make this successful we need 12 to 15 houses to participate. Could you please let either Dot or Linda know if you would like to be put on the map and we will confirm the date.

Hope to see you at some of these events

### Alec's Mardle

(Alec Reynolds was born in Trimingham in 1926 and has lived here all his life)

When I went to school at Overstrand when you got to 11 years old the girls went to cookery classes. There was a big cookery room which was part of the school. The boys went to carpentry classes at Cromer School. We had to walk there and back. Sometimes there was a lady from Overstrand called Miss Vannop, she would pick us and took us back to school. The car was a big sports car, which we thought was great. My sister went to the cookery classes which was on a Friday and she would cook something for our dinner. This was a change from sandwiches. It was not nice for the other boys as if they did not have a sister, they did not get a cooked lunch.

The cookery teacher came from Dereham. She had an Austin 7 saloon. One Friday she took 3 of us boys to North Lodge Park where they had the Crown Jewels on show. She paid for us to go in.

In Dereham there was a big tractor firm called J J Wright and I think she was something to do with it.

**Liz King is running a Fun Dog Show on Easter Sunday, the 12<sup>th</sup> April.**

**Registration is from 10.00am and judging starts from 11.00am**

**The profit from this event will be donated to Cromer Macmillan Centre and Rusty Retirement Home for Dogs at Diss**

### **Sale of pre-loved clothing**

**Sunday, 15<sup>th</sup> March - 10.00am-1.00pm**

Time to sort out those wardrobes! We are holding a sale of good quality clothing, shoes and handbags. All you need to do is decide how much you want for an item, label it up with your contact details and required price and bring it along to Trimmingham Hall on the Saturday afternoon between 3.00pm and 4.00pm for entry into the sale. Each item sold will bear a 10% commission for the hall.

Light refreshments will be available during the morning.

Money and unsold items can be collected at 2.00pm on the Sunday.

For more details contact Linda on 01263 834349

### **Nature notes for March 2020 – Mac Marshall**

What a month of weather. I haven't even been on my bike although I have had a number of walks and visited a few of my usual places.

I went to Horsey Beach where there were about 400 seals but no pups as they have grown enough to take to the sea on their own. There were no Wardens and the beach was free to walkers. There were also about 20 dunlin feeding along the tide line.

After that I went to Hickling, which is only about 3 miles away. Some of the paths were flooded and impassable. There were few birds on the scrapes but there was a large flock of tufted ducks on the Broad and I saw 2 kingfishers in flight along the drains. I heard but didn't see 2 cranes calling across the nearby flooded reed bed and there were mallards, shelduck, swans, shovellers and graylag geese on the new water. I met a man who said he had recently been to Breydon Water at Great Yarmouth where there were so many avocets that he could not count them. This site is apparently accessed through Asda car park so I must try it soon.

I keep returning to Cley because it often gives something back and on my last visit I got a real treat. Behind the Visitors Centre there is a freshly harrowed field and in it were about 250 golden plovers all standing facing into the westerly breeze and the lowering sun so their colour was spectacular, and they were accompanied by the same number of lapwings or peewits. There were several flocks of brent geese feeding on Salthouse marshes. Looking out from the East Bank path I saw good numbers of teal, widgeon, gadwall, shovellers, mallard etc., all pairing off and the males showing their new spring plumage and some of the black headed gulls heads were also turning black ready for the mating season.

The best experience that day was finding a flock of about 30 snow bunting on the pebble beach at the end of East Bank. They are invisible against the pebbles until you almost walk on them. On my way back to the car I heard and saw my first skylark of the year. They will probably be back on the ground during this windy spell.

A last bonus I saw a flock of about 40 linnets on the wire on Middle Street near Liz's caravan.

## Weekly and Fortnightly Events

All events in the new Trimmingham Hall

### Monday

**1.00pm Whist afternoon.** Cost just £2 includes play, refreshments and raffle. Players of all levels very welcome.

Tel Liz 834965

**6.00pm-7.15pm & 7.30pm-8.30pm - Yoga** with Pat Briggs 07810 023236 or Linda 834349

### Tuesday

**11.00am to 12 noon Dancercise with Georgie.** No need to book  
Cost £5. Contact on Facebook.

**1.45pm Slimmers Wild.** Contact Chris 01263 833581.

**7pm-9.00pm - Whist evening.** Cost just £2 includes play, refreshments and raffle. Tel Liz 834965

### Wednesday and Thursday

**Tai Chi with Geoff 07833 135116. 10.30am to 11.30am on Wednesdays 11.00am to 12 noon on Thursdays £5.00 per session**

### Thursday

**1.00pm - Whist afternoon.** Cost just £2. Tel Liz 934965

**7.00pm - Table Tennis** Contact Trevor on 07828175493

### Friday

**10.30-11.30am - Cardio Dance Exercise with Emily.** Cost £5

**2.00pm-3.30pm – Craft – fortnightly (6<sup>th</sup> & 20<sup>th</sup> March)**

**7.00pm-9.00pm - Whist evening.** Cost £2. Tel Liz 834965

## Monthly Events and Bi Monthly

**Monday – 16<sup>th</sup> March** Parish Council Meeting 7.00-9.00

### Tuesday

**17<sup>th</sup> March** Nidra Yoga Relaxation 6.45 – 8pm.

### Wednesday

**4<sup>th</sup> March - Soup and Pud** £5. Contact Dot on 833249 after 6.00pm

**11<sup>th</sup> March - Poppyland - Behind the scenes at a Panto** starts at 2.30pm.

**18<sup>th</sup> March- Coffee Morning.** Starts 10am. Proceeds to church and Pilgrim Shelter. Venue Pilgrim Shelter.

**18<sup>th</sup> March - Gardening Club - Pilgrim Shelter 2.00pm**

**25<sup>th</sup> March - Lunch Club** 12 for 12.30pm. Contact Matt 833945 or Dot on 833249 (after 6.00pm) to book your place, or if you require a lift.

### Friday

**6<sup>th</sup> & 20<sup>th</sup> March - Craft Circle 2.00pm**

### Saturday

**21 March – “Cutting the Mustard”**

### Sunday

**1<sup>st</sup> March Table Top** 9.00am to 1.00pm

**15<sup>th</sup> March Pre-loved Clothing Sale** 10.00am to 1.00pm

**22<sup>nd</sup> March Book & Media Sale** 9.00am to 12 noon /

**Yoga with Lucy** 2.00pm-4.00pm

**29<sup>th</sup> March Café Church** food from 10.15, service 11.00am

**MIND – BODY – SOLE**  
**Massage Therapies**

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**Part time Caretaker required**

**Trimingham Village Hall Trust** are seeking a self-employed, part-time caretaker for the new hall. Applicants should live within easy reach of the hall and be physically fit. Hours of work per month would vary but could include the current cleaning contract of 2 x 1.5 hours per week. Rate of pay would be £10 per hour.

If you are interested in applying, please contact either Matt on 833945 or Linda on 834349 for more details.

**“Cutting the Mustard”**

Saturday, 21 March at Trimingham Hall

Doors open 6.30pm

Fund raising event for Macmillan Centre, Cromer

For tickets and more information contact Liz on  
01263 834965

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Newsletter editing – If you have an article that you would like included please let Dot have copy by 19<sup>th</sup> of the month at the latest.

If you want to place an advertisement, please let Linda have this by 15<sup>th</sup> of the month so that we can prepare it for the following edition. This will allow us to have sufficient time to arrange printing and distribution before the beginning of the month