

Church Services in the Parish

Sunday 6th October

Harvest Morning Worship Northrepps 10am

Morning Worship Overstrand 10am

Sunday 13th October

Holy Communion Baptism Northrepps 10am

Holy Communion Overstrand 10am

Sunday 20th October

Harvest Trimingham 3pm

Sunday 27th October

Benefice Service Antingham 10am

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Trimingham News

NEWSLETTER October 2019

TRIMINGHAM TROSH

NR34 MODEL RAILWAY of CROMER

CROMER CLASSIC CARS, VINTAGE CARS

TRACTORS, CLOTHING

GLITTER and PETALS face painting + BUBBLE CAR

OVERSTRAND GARDEN CENTRE

STITCHED at HOME

JAYSON CORK PHOTOGRAPHY

RESCUE GREYHOUNDS, PLUS MANY MORE STANDS

PLOUGH FOR A £1

Saturday only M & Co SALES and SCOUT'S CLIMBING WALL,

Music POPPYLAND BRASS 11.30am ZAIRA and JANE 1pm

Sunday only meet MOOREND'S goats and

UK Rescue CHOWS

Music by SEASIDE HARMONIES 12 noon

SAM SMITH SINGERS 1pm

Local Humpty Dumpty Brewery Branch Line Bitter

on sale just £2.80 a pint

***A light chestnut coloured bitter brewed with a complex mix
of malts for a rich body and English hops
for a spicy & fruity aroma***

The Church Open Weekend made a total of £705.02 and the collection from the church service on the Sunday was £100.65, so it was a very successful weekend and again thank you to all involved.

The Yard Sale had good weather and a lot of the bric a brac at the Shelter was sold, which is a very good thing as the storeroom was overflowing and you can more or less get into it now!

The Dog Show was well attended. Thanks to the great team of Patrick supplying and setting up the ring, Howard directing the traffic, with Matt, Linda and Dot in the kitchen and Sue sorting the entries it all went very smoothly. Thanks to Judy who prepared the paperwork earlier but could not attend due to Micky not being too well, we wish him a speedy recovery. The judge Bev from Mundesley had some difficult decisions, but the result of all dogs and handlers going home wagging their tails made for a super afternoon

The next event at Trimmingham Hall is Trimmingham's Trosh which is on 5th and 6th October from 10am to 4pm. Adult admission £1, under 16 years free, with Free parking (at owners' risk).

The attractions both days include Ploughing for £1, Wild Touch Animal sanctuary marquee sale. vintage vehicles, NR34 model railway, local art, many trade stands including Glitter and Petals face painting, plus vintage clothes for sale, Overstrand Garden Centre stand. There will be a beer tent and refreshments served by the team in the kitchen (who would welcome any sweet or savoury contributions to sell to raise funds for the playground equipment). Saturday only Scout's Climbing Wall and M & C Clothing sale, Poppyland Brass at 11.30am and Zaira and Jane entertain from 1pm.

Sunday Moored Moistures goats will be in attendance, Seaside Harmonies play sing along from noon with Sam Smith singers at 1pm There will be a bumper raffle running for the two days of the Trosh when first prize is a flight over our lovely part of North Norfolk donated by Mr Bob Gotts.

Saturday 12th October

**Show and supper evening
for Pat and Dan's Big Night Out,
plus Sharon from Trunch singing**

Tickets £10 per person

Please book with Liz on 834965

**Food will be served at 6pm and the show
will start at 7.30pm**

Alec's Mardle

(Alec Reynolds was born in Trimmingham in 1926 and has lived here all his life)

Sugar Beet

To think when I worked on the farm in the sugar beet fields you would see men hoeing the beet so they would be about 8 inches apart, everyone single. We would start hoeing the second week in May and finish the first week in July. After they had been hoed once you would start again the acres you had done looking for any weeds or if you had left a double plant. When the seed was drilled you got four or five plants from one seed which was like a cluster. All the hard work and back ache have now gone, a sprayer does the work now.

**Sunday, October 20h at 3pm Harvest Festival Service with food
donated to Cromer Food Bank.**

They are requesting the following items, Pasta/Rice, Pasta Sauce, Tinned Tomatoes, Rice Pudding, Vegetables, Meat, Fish, Veg; Options, Sponge Puddings, Custard, Squash, Long life Fruit Juice, Cuppa Soup, Savoury Snacks Hot water varieties, UHT Milk Semi Skimmed, Full Fat, Jam, Children's Sweets and Chocolate. Toilet Rolls, Shower Gel, Shampoo, Deodorant, Washing Liquid/Powder, Non Bio, Baby Wipes.

Please no Soup or Baked Beans.

Poppyland Ladies enjoyed a very interesting talk about the charity SAFFA and how they help Service personnel. The meeting on 9th October is a talk by John from Fairdeal Antiques on how he became an Antique Dealer, 2pm for 2.30pm; all welcome. Non-members £2 each.

Saturday 12th October it is Pat & Dan's Big Night Out with Sharon from Trunch. Tickets are £10 per person to include supper. Food will be served from 6pm and the show will start at 7.30pm. Please book with Liz on 834965 asap to help gauge catering requirements.

Saturday 2 November 6pm there will be a supper and dance raising funds for the new Macmillan centre at Cromer hospital. 'Cutting the Mustard' are the band playing 50s 60s, 70s and today's music.

Monday 11th November at 6.30pm there will be a meeting at the Pilgrim Shelter to discuss the future of the Pilgrim Shelter. Planning permission has now been granted for the Monolith and picnic tables and chairs for the Deep History Coast project.

Sunday 24th November there is a Craft Fair from 10am to 4pm and all profits from the event are for the Playground Equipment at Trimingham Hall.

Saturday 30th Nov Soul Mynx Band will be playing at Trimingham Hall (catch them earlier in the year at Thorpe St Margret church on 5 October) Doors open at 6pm. Tickets £9 booked in advance and £10 on the door. Please contact Liz on 834965 for further details.

The Support Group meets at Trimingham Hall on the 1st and 3rd Wednesday of the month. For further details please contact Ginny 834471 or Maureen 834466.

The Table Top is included in the Trosh for October; the following Table Top will be on Sunday 3rd November.

The Pilates lessons have now been suspended due to the teacher taking maternity leave, but they will be back!

Nature Notes for October

Even more odd weather in September as I recorded 28 degrees on 22nd on the coast at Cley. More surprising was that there were already more than 350 pinkfooted geese on Salthouse marshes which were visible from the road. On my last couple of visits I have seen snipe (10 or more), green sandpipers (6 or 7), curlews (10), more than I have seen in years and a solitary curlew-sandpiper, which actually looks like neither!

Many of the waterfowl are now emerging from their 'eclipse' plumage and becoming more individually recognisable, mallards shiny green heads, widgeon showing maroon and yellow and shellducks showing their red breastplates.

Closer to home I have had bats in the evenings over my garden and I saw house martins still feeding young on a bungalow in Staden Park. There has also been a late flush of red admirals and there are still lots of speckled wood and white butterflies around.

I walked to Cromer lighthouse which I hadn't done for a few years and on my way back there were 4 wheatears on some gorse bushes possibly resting on their way south.

I was in the woods at Felbrigg admiring the ancient chestnut trees and came across recently felled one about 3 feet in diameter so having time to spare, as usual, I stopped and counted the rings to find out how old it was. I gave up at 150 years, but it wasn't even half the diameter of a lot of many of the beeches in the park. There are some magnificent specimens especially in the woodland behind the house. Their bark is very gnarly and has deep striations all the way up creating a good habitat for insects hence food for woodpeckers, treecreepers, nuthatches and various tits. Many of the trees were laden with the prickly balls containing the nuts but they weren't ripe for collecting yet

The earliest trees were probably brought from Spain in the Middle Ages, but our climate does not encourage them to ripen here so the chestnuts we traditionally eat at Christmas are usually imported from warmer climes, but who knows what the future will bring.

Mac Marshall

Weekly and Fortnightly Events

All events in the new Trimmingham Hall

unless otherwise stated

Monday

1pm Whist afternoon. Cost just £2 includes play, refreshments and raffle. Players of all levels very welcome. Tel Liz 834965.

6pm and 7.30pm Yoga with Pat Briggs 07810 023236 or Linda 834349.

Tuesday

11am to 11.45am Dancercise with Georgie. No need to book. Cost £5. Contact on Facebook.

1.45pm Slimmers Wild. Contact Chris 01263 833581.

7pm Whist evening. Cost just £2 includes play, refreshments and raffle. Tel Liz 834965.

Wednesday and Thursday

Tai Chi with Jeff. 11am to 12 noon.

Thursday

1pm Whist afternoon. Cost just £2. Tel Liz 934965.

7pm Table Tennis Contact Trevor on 07828175493.

Friday

10.30 Cardio Dance Exercise with Emily. Cost £5.

7pm Whist evening. Cost £2. Tel Liz 834965.

Wednesday 16th October Management Committee Meeting starts at 7pm. All welcome.

Monthly Events and Bi Monthly

Tuesday

8th October Nidra Yoga Relaxation 6.45 – 8pm

Wednesday

2nd October Soup and Pud £5 Contact Liz 834965.

2nd and 16th October Support Group starts at 10am

9th October Poppyland Talk om How I becam and Antique Dealer.. 2pm start.

16th October Coffee Morning Starts 10am. Proceeds to church and Pilgrim Shelter. Please note change of venue to Pilgrim Shelter.

16th October Gardening Club at Pilgrim Shelter. 2pm.

23rd October Lunch 12 for 12.30pm. Contact Liz 834965 to book your place or if you require a lift.

Friday

4th October Craft Circle 2pm. Cost £1.50. Please contact Dot 833249 (after 6pm).

18th October Craft Circle 2pm. Cost £1.50. Please contact Dot 833249 (after 6pm).

Saturday

5th October Trimmingham Trosh

12th October Pat and Dans Big Night Out

Sunday

6th October Trimmingham Trosh

Solace Massage

Therapy

Trimingham



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Trimingham Steering Group, Community Housing

Hastoe, our chosen housing group with which we are working, have reported via Anna Clarke that the result of their legal investigation regarding the suitability of the Cromer Road site has been positive.

We went on to discuss the next step, legal incorporation. Martin Field, Senior Community-Led Housing Facilitator, East Midlands Community Led Housing, and Debbie Seabourne attended the next meeting and we spent the full time discussing this subject. It is a belief now that we are getting very close to a registration of Trimingham Community Land Trust. This land trust has to adopt a legal identity, Community Benefit Society (CBS), Community Interest Company (CIC) Company Limited by Guarantee (Ltd Co), or a Charitable Incorporated Organisation (CIO). Most (75%) to date have taken the route to be a CBS, and we believe at this point we will follow that route. The organisation will appoint a board.

The CBS will allow open membership to the whole community, and indeed we will be looking for community members to come on board. All will have an equal voice.

The next task is to prepare a Heads of Terms agreement document. This non-binding document sets out the key terms of a proposed agreement between parties. It will be the basis upon which roles and service will be decided. It will also set out time scales. We also must prepare a basic business plan.

100 Club winners for September 2019

1 st No 75	Mr L Croft £20
2 nd No 40	Mrs L Farrow £10
3 rd No 65	Mr B de la Rue £5
4 th No 48	Ms L King £5

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