

Church Services in the Parish

Sunday 7th October

Harvest Celebration 3.30pm Trimingham

Sunday 14th October

Holy Communion 9.30am Northrepps

Holy Communion 11am Overstrand

Harvest Songs of Praise 4.30pm Sidestrand

Sunday 21st October

Holy Communion 11am Trimingham

Sunday 28th October

Holy Communion 10am Sidestrand

Benefice Songs of Praise 3pm Overstrand

ALAN JOHN SELF

Passed away peacefully at

The Norfolk and Norwich University Hospital

after a short illness on

Monday, September 24th, 2018, aged 93 years.

Loving husband to Daphne for 70 years,

wonderful dad to Christine and caring

father-in-law to John and a much-loved

grandad, great-grandad

and brother-in-law.

Will be sadly missed.

Funeral arrangements to be advised.

Trimingham News

NEWSLETTER October 2018

Saturday 20th and Sunday 21st

October

TRIMINGHAM TROSH

10am to 5pm daily

FREE ADMISSION

FREE PARKING

WILDCRAFT BREWERY, WILD

TOUCH ANIMAL MARQUEE,

NARROW GAUGE RAILWAY,

LOCAL ART,

VINTAGE VEHICLES,

CHILDRENS RACES,

TRADE STANDS,

PLOUGH MATCH,

SAM SMITH SINGERS

3PM SATURDAY

- Saturday 22 September was a resounding success with over sixty diners, The team in the kitchen worked very hard and with the aid of local chef Denny a superb meal of beef stew and Norfolk dumplings was enjoyed by all. Following this Pat Nearney, Dan Platten, Shelia Olley and Sharon, a brilliant singer from Trunch entertained until well past ten, raising funds towards our playground equipment
- At the free family fund raising disco held at the end of August monies were raised enabling donations to be made to the Air Ambulance and Mundesley First Responders.
- The Yard Sale had good weather and there were many bargains to be had, both the Pilgrim Shelter and Trimingham Hall sold out of bacon rolls and nearly all the cakes.
- The Dog Show had warm dry weather, just a bit windy at times. Over 50 dogs entered the show ring, sausage eating competition and pet obedience classes.
- Thank you to Liz and the team for organising these events again this year.
- At Poppyland in September Jo Austin spoke on mental health issues which gave everyone a little insight of how people suffering from depression are feeling. On Wednesday 10th October Pat Nearney will give a talk on Mundesley., All are very welcome. The meeting starts at 2.30pm, non-members just £1 to cover refreshment costs.
- The September Coffee Morning was not very well attended and we would like your feedback as to why this is so. Do you want the time changed, would you like to go back to the Pilgrim Shelter? Please let us know what you would like, as it would be a shame not to hold coffee mornings which enable you to meet your neighbours and raise funds for the church and Pilgrim Shelter. Contact either Dot 833249 (after 6 pm) or Linda 834349.

- The 100 Club still has 4 numbers available, the cost is just £1 per month per number, please contact Myra on 833971.
- The Gardening Club on Wednesday 17th October will be held at 2pm at the Pilgrim Shelter, please note the change of venue.
- Sunday 7th October has been designated as Silver Sunday and to celebrate this after the table top sale in the morning the Management Committee are offering a free afternoon tea for older people at Trimingham Hall from 2.30pm to 4pm. Please come along enjoy your tea, engaging company and we hope to have a pianist playing well known tunes.
- **Fairdeal Antiques are holding their second Antique Fair at Trimingham Hall on Saturday 27th October 10am to 4pm, entry 50p. Hot and cold refreshments will be available.**
- **New events at Trimingham Hall on Thursdays
Toddler Yoga 10am – 11am,
which will be held weekly until 18th October
contact Frankie 07807 114432**

**Pilates 5.30pm to 6.30pm contact
Jo 07539 649077**

Football

The Pilgrims have got off to a good start:

Sunday 9 th September	
The Middle Green 1	Trimingham Pilgrims 3
Sunday 16 th September	
Trimingham Pilgrims 3	Poringland Wanderers 2

Well done to The Pilgrims!

NEW CLASSES ON A THURSDAY

10 – 11 am

**TODDLER YOGA CLASS
CONTACT FRANKIE on**

07807 114432

**These classes will be held at least
until Thursday 18th October**

5.30 – 6.30 pm PILATES

CONTACT JO on

07539 649077

Singing group

Is there anybody in the village who feels they can organise a singing group? We are not after a choir, just a group of people to have an organised sing song. Great stress relief! Contact Liz 834965

Nature Notes for October

Did you spot my brain fade last month when I called 'cormorants' 'guillemots'? Sorry folks.

On 9th September I was in the café in Sheringham Park where I watched a pair of swallows feeding 4 young on a nest on a beam in the entrance hall, swooping within inches of customers as they came and went. It is to be hoped that they will be strong enough to make it to their wintering grounds in East Africa.

Hares have been seen and the small birds have returned to local gardens having been missing for a couple of weeks.

I have been told that possibly an eagle has been spotted, very high up by somebody who said it was bigger than a red kite. I remembered that there was a nature programme on BBC Radio 4 a couple of weeks ago when they released 15 or 16 young eagles north of Berwick on Tweed in the hope that they would disperse towards the Lake District as the last eagle died about 3 years ago. As they were young it is entirely possible that one could be here trying to find a new home. Has anybody else seen it. Remember you must look up, not always easy with our demographic.

Mac Marshall

Weekly and Fortnightly Events

All events in the new Trimmingham Hall

unless otherwise stated

Monday

Noon Free Whist tution

1pm Whist afternoon. Cost just £2 includes play, refreshments and raffle. Players of all levels very welcome Tel Liz 834965.

6pm and 7.30pm Yoga with Pat Briggs 07810 023236 or Linda 834349.

Tuesday

10am to 12 noon Pilgrim Support Group.

Contact Maureen 834466 or Ginny 834471.

11am to 11.45am Dancercise with Georgie. No need to book. Cost £5. Contact on Facebook.

1.45pm Slimmers Wild. Contact Dot Wiseman.

7pm Whist evening. Cost just £2 includes play, refreshments and raffle.

Thursday

1pm Whist afternoon. Cost just £2.

Friday

11.30 Zumba Gold with Jools Dixon. Cost £5 or 6 sessions for £22.

5th and 19th October Craft Circle 2pm, Cost £1.50. Contact June 833382.

7pm Whist evening. Cost £2.

Sunday

2 pm Whist afternoon Cost just £2.

Monthly Events and Bi Monthly

Tuesday

23rd October Yoga Nidra 6.45 until 8.30pm.

Wednesday

3rd October Soup and Pud £5 Contact Liz 834965 to book your place or if you require a lift.

10th October Poppyland Talk by Pat Nearney
Tel Dot 833249 (after 6pm). Visitors welcome.

17th October Coffee Morning - Wednesday 9.30am Proceeds to Church and Pilgrim Shelter, starts at 9.30am.

17th October Gardening Club - Meeting at Pilgrim Shelter.
Starts at 2pm. Tel Dot 833249 (after 6pm).

17th October 7pm Management Committee Meeting.
All very welcome.

24th October Lunch £5 12 for 12.30pm. Contact Liz 834965 to book your place or if you require a lift.

Saturday

6th October Laughter Yoga 9am with Bev Bishop.

27th October Family Halloween Disco 7 – 11 pm

Fancy dress optional

Disco party with silly games!

Adults £3, under 16s £1, under 5s FREE. Please book with Liz 834965.

Sunday

7th October Table Top Sale from 9am. Please book with Liz if you want a table on 834965.

Plus 7th October Silver Sunday Free afternoon tea for older people. Contact Liz 834965.

100 Club winners for September 2018

1 st No 100	Mrs B Downes £20
2 nd No 99	Mrs E Foxall £10
3 rd No 54	Mrs M Capps £5
4 th No 81	Mrs P Benford £5

Sunday 25th November CRAFT FAIR

We are also hoping to have a
Quiz and Harvest Super
In November

TRIMINGHAM ROOFING

FLAT AND PITCH ROOFING
LEAD WORK

CHIMNEY REPAIRS
FASCIA AND GUTTERING
GENERAL BUILDING

Tel 01263 833448
07747 136190

Alec's Mardle

(Alec Reynolds was born in Trimingham in 1926 and has lived here all his life)

continued....

Going back to when I worked on the farm; we grew daffodils and after they were taken up they went into a riddle which separated the bulbs, so all the big bulbs went into trays and the small one thrown into a heap to rot away. The trays of bulbs were loaded onto a big trailer and taken to a farm to be sterilised to get rid of any disease. They were put into boiling water in wire baskets into big tanks which had had a chemical put into it. They would be in for a certain time, after all that we would go and collect them, and they were then ready for planting.



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RACHAEL

KIRKHAM

(MCFHP MAFHP)

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