

## **Church Services in the Parish**

### **Sunday 8th July**

**Holy Communion** 11am Overstrand

**Evening Prayer** 4.30pm Sidestrand

### **Sunday 15th July**

**Cafe-style Church** Trimingham village hall  
Free refreshments (bacon butties, scones, cakes, drinks etc) will be served from 10am.

At 11am there will be an informal church service. Come and join us for all or part of it. This is an experiment. The more of you that come, the better it will work, especially if you come with ideas of what you'd like to see there in the future.

Let me know if you need a lift and we'll see what can be arranged. Jan Balfour 576707.

### **Sunday 22nd July**

**Benefice Holy Communion** 10am Trimingham

### **Sunday 29 July**

**Holy Communion** 9.30am Northrepps

**Holy Communion** 11am Overstrand

**Saturday 18<sup>th</sup> August and  
Sunday 19<sup>th</sup> August**

**Church Open Weekend  
Details to be confirmed...**

# Trimingham News

## **NEWSLETTER July 2018**



### **Saturday 16th June 2018**

What a day! The official opening of your new hall was attended by 80 invited people, comprising those who had helped us to get there and community leaders. The afternoon was attended by 50 residents who enjoyed their afternoon tea and a tune from Poppyland Band, fronted by former resident Ted Briggs.

What an evening we had to follow. At one point we ran out of chairs and we had 130 in the hall! Dale Bulimore and DJ Darren from DJ Entertainments kept us on our feet until midnight.

All in all, a very successful day. Now we need to settle down and ensure this great facility is used to its capacity. Thank you all that were involved.

- Well what can I say but the 16<sup>th</sup> June turned out to be a very special day for the village with the official opening of our new hall. Everyone enjoyed themselves and I know that Alec had a thoroughly enjoyable day talking to villagers and catching up with friends. Well done to everyone involved, whether organising or supporting a super village event
- At Poppyland on Wednesday 13<sup>th</sup> June, John Bradley gave a very interesting talk on the history of pencils and showed the audience some of his collection of propelling pencils. On Wednesday 11<sup>th</sup> July we are having an afternoon tea at Overstrand Garden Centre.
- The Coffee Morning was again very well attended in June, held in the Meeting Room at Trimingham Hall, where nearly £40 in total was raised for diversion between the church and Pilgrim Shelter.
- As you can see from the Events page the new Hall is being well used, especially for exercise classes as diverse as Dancercise to Nidra Yoga which cover those who want more vigorous exercise and those who just want to relax. Come along and try one of the classes. If nothing else, you will enjoy the laughter.

## **NEW EVENTS AT THE HALL** **ON A THURSDAY**

9.30AM TO 10.30AM  
YOGA WITH VEE ZAPPIA  
CONTACT 07899894581  
£5 A SESSION

11.30AM TO 12.30PM  
ZUMBA GOLD  
WITH JOOLS DIXON  
£5 A SESSION OR  
6 SESSIONS FOR £22  
CONTACT ON FACEBOOK

## **WHIST**

**Monday and Thursday afternoons  
from 1pm**

**Tuesday and Friday evenings  
from 7pm**

**Sunday afternoons from 2pm**

**Cost £2 per person**

## **100 Club winners for June 2018**

**Special prize** Mrs B Downes £30

1<sup>st</sup> No 48 Liz King £20

2<sup>nd</sup> No 91 Mr P Bradley £10

3<sup>rd</sup> No 60 Mrs J Hawes £5

4<sup>th</sup> No 8 Miss J Lucraft £5

We will remember Saturday 16 June for a long time here in Trimingham, Alec Reynolds, who monthly shares his long memories of Trimingham with us in the newsletter, cut a ribbon to officially begin the opening of Trimingham Hall. He was accompanied by Mrs Sylvia Pardon and Mr Alan Self, some of Trimingham's oldest residents.

MP Norman Lamb unveiled a plaque, then those who have helped with funds for the construction of the hall, spoke and enjoyed refreshments.

This was followed by the village tea accompanied by Poppyland Brass Band, enjoyed by over 25% of the village's population. If you are one of the other 75% yet to visit the fabulous hall, please visit ASAP. It has a lot to offer and now we have a full premises licence enabling us to offer live music, alcohol on sale and much more.

Watch England In the World Cup at the new hall this Saturday from 2.30pm FREE ADMISSION and FREE PARKING. All very welcome and their dogs!

## **CLAIRVOYANT EVENING WITH EDWIN PEACE**

**THURSDAY 19<sup>TH</sup> JULY**

**8PM – 10PM**

**DOORS OPEN AT 7PM**

**TICKETS £7.50 EACH**

**FROM**

**SAM 833452 OR LIZ 834965**

## **WE HAVE BOOKED AN EVENING WITH PAT NEARNEY AND DANNY**

**SATURDAY 22<sup>ND</sup> SEPTEMBER**

**PAT AND DANS**

**BIG NIGHT OUT**

## Weekly Future Events

All events in the new Trimmingham Hall

unless otherwise stated

### Monday

**1pm Whist afternoon.** Cost just £2 includes play, refreshments and raffle. Players of all levels very welcome Tel Liz 834965.

**6pm and 7.30pm Yoga** with Pat Briggs 07810 023236 or Linda 834349.

### Tuesday

**10am to 12 noon Pilgrim Support Group.**  
Contact Maureen 834466 or Ginny 834471.

**11am to 11.45am Dancercise with Georgie.** No need to book. Cost £5. If you come to a second class in the week the second class will be half price - just £2.50. Contact on Facebook.

**1.45pm Slimming Club.** Contact Dot Wiseman.

**7pm Whist evening.** Cost just £2 includes play, refreshments and raffle.

### Wednesday

**6pm to 6.45 pm Dancercise with Georgie.** No need to book, Cost £5 but if you come to a second class in the week second class just £2.50. Contact on Facebook.

### Thursday

**1pm Whist afternoon.** Cost just £2.

### Friday

**7pm Whist evening.** Cost £2.

### Sunday

**2 pm Whist afternoon** Cost just £2.

## Fortnightly or Monthly Events

### Monday

**9<sup>th</sup> July Parish Council Meeting** starts at 7pm.

### Tuesday

**24<sup>th</sup> July Relaxing Yoga** 6.45 until 8.30pm.

### Wednesday

**4<sup>th</sup> July Soup and Pud** £5 Contact Liz 834965 to book your place or if you require a lift.

**11<sup>th</sup> July Poppyland** Outing for Afternoon tea at Overstrand Garden Centre. Tel Dot 833249 (after 6pm). Visitors welcome.

**18<sup>th</sup> July Coffee Morning** - Wednesday 9.30am Proceeds to Church and Pilgrim Shelter, starts at 9.30am.

**18<sup>th</sup> July Gardening Club** - Meeting at a member's garden. Tel Dot 833249 (after 6pm).

**18<sup>th</sup> July 7pm Management Committee Meeting**, but all very welcome.

**25<sup>th</sup> July Lunch** £5 12 for 12.30pm. Contact Liz 834965 to book your place or if you require a lift.

### Friday

**13<sup>th</sup> July Craft Circle** 2pm, Cost £1.50. Contact June 833382.

**27<sup>th</sup> July Craft Circle** 2pm, Cost £1.50. Contact June 833382.

**21<sup>st</sup> July Beetle Drive with food.** Food served at 6pm. Beetle Drive starts at 7.30pm. Cost £7.50. Includes food.

### Saturday

**7<sup>th</sup> July Laughter Yoga** 9am with Bev Bishop.

### Sunday

**15<sup>th</sup> Café Church** bacon rolls and cake served from 10am

**Table Top 5<sup>th</sup> August** from 9am. Please book with Liz if you want a stall on 834965.

## Nature Notes for July

Sitting on the cliff top behind the Pilgrim Shelter as the sun was setting I caught a movement below me. It was a muntjac with her young one feeding and moving towards Sidestrand. They went through a large patch of orchids which have obviously slipped down the cliff sometime in the past and whose eventual fate is inevitable.

The hen pheasant I mentioned in the last edition is still visiting but she now has only one chick left of the seven, which is now about as big as a collared dove and can fly.

I watched three kestrels circling and hovering over the field which indicated to me that it was a female with two young showing them how to catch prey. They were probably from the nest at Grove farm.

While I was away one of my neighbours saw three red kites from his garden.

I stayed on my usual organic beef farm caravan site where there were house martins in the eaves and swallows in the barns all feeding on the abundance of insects generated by the cows and no use of pesticides.

I recently saw a hobby catch and eat a dragonfly in flight at Hickling and two bitterns at Minsmere, one displaying and one in flight.

If you visit Sheringham Park you might see hornets which have a nest somewhere near The Bower. They are about three times as big as wasps but according to my wildlife literature are not as aggressive as wasps. I only saw one but I wouldn't like to test that theory.

Mac Marshall

## Alec's Mardle

(Alec Reynolds was born in Trimmingham in 1926 and has lived here all his life)

Alec's Mardle continued from May...

Then I worked at Bizewell Farm for two years as a general farm worker. The farmer was Mr Hicks. He was always well behind getting anything done, all the other farmers would have finished harvest before he had started, but he got through life.

Then I worked for the War Agricultural and I used to catch a lorry at Overstrand. When we had picked up all the men we would go to Matlaske to the German Prison of War Camp. We would pick up the tools we needed to use. We would go to different farms to do draining, sugar beating and looking after the potatoes etc. We also worked on Coltishall Aerodrome. I worked there for six months.



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